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# Fibrinogen concentrate in bleeding patients (Review)

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[Intervention Review]

## Fibrinogen concentrate in bleeding patients

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## ABSTRACT

## **Background**

Hypofibrinogenaemia is associated with increased morbidity and mortality, but the optimal treatment level, the use of preemptive treatment and the preferred source of fibrinogen remain disputed. Fibrinogen concentrate is increasingly used and recommended for bleeding with acquired haemostatic deficiencies in several countries, but evidence is lacking regarding indications, dosing, efficacy and safety.

## **Objectives**

We assessed the benefits and harms of fibrinogen concentrate compared with placebo or usual treatment for bleeding patients.

## Search methods

We searched the following electronic databases: the Cochrane Central Register of Controlled Trials (CENTRAL) (*The Cochrane Library* 2013, Issue 8); MEDLINE (1950 to 9 August 2013); EMBASE (1980 to 9 August 2013); International Web of Science (1964 to 9 August 2013); CINAHL (1980 to 9 August 2013); LILACS (1982 to 9 August 2013); and the Chinese Biomedical Literature Database (up to 10 November 2011), together with databases of ongoing trials. We contacted trial authors, authors of previous reviews and manufacturers in the field.

## **Selection criteria**

We included all randomized controlled trials (RCTs), irrespective of blinding or language, that compared fibrinogen concentrate with placebo/other treatment or no treatment in bleeding patients, excluding neonates and patients with hereditary bleeding disorders.

## Data collection and analysis

Three review authors independently abstracted data; we resolved any disagreements by discussion. Our primary outcome measure was all-cause mortality. We performed subgroup and sensitivity analyses to assess the effects of fibrinogen concentrate in adults and children in terms of various clinical and physiological outcomes. We presented pooled estimates of the effects of intervention on dichotomous outcomes as risk ratios (RRs) and on continuous outcomes as mean differences, with 95% confidence intervals (CIs). We assessed the risk of bias through assessment of trial methodological components and the risk of random error through trial sequential analysis.



#### **Main results**

We included six RCTs with a total of 248 participants; none of the trials were determined to have overall low risk of bias. We found 12 ongoing trials, from which we were unable to retrieve any data. Only two trials provided data on mortality, and one was a zero event study; thus the meta-analysis showed no statistically significant effect on overall mortality (2.6% vs 9.5%, RR 0.28, 95% CI 0.03 to 2.33). Our analyses on blood transfusion data suggest a beneficial effect of fibrinogen concentrate in reducing the incidence of allogenic transfusions (RR 0.47, 95% CI 0.31 to 0.72) but show no effect on other predefined outcomes, including adverse events such as thrombotic episodes.

#### **Authors' conclusions**

In the six available RCTs of elective surgery, fibrinogen concentrate appears to reduce transfusion requirements, but the included trials are of low quality with high risk of bias and are underpowered to detect mortality, benefit or harm. Furthermore, data on mortality are lacking, heterogeneity is high and acute or severe bleeding in a non-elective surgical setting remains unexplored. Currently, weak evidence supports the use of fibrinogen concentrate in bleeding patients, as tested here in primarily elective cardiac surgery. More research is urgently needed.

#### PLAIN LANGUAGE SUMMARY

#### Use of fibrinogen concentrate in patients with bleeding

Fibrinogen is a natural blood protein involved in the coagulation process. Bleeding decreases the blood level, and low levels of this protein may increase bleeding even further, thereby increasing morbidity and mortality. Fibrinogen concentrate is widely used instead of traditional sources of fibrinogen, such as the blood products fresh frozen plasma and cryoprecipitate (a pooled concentrated plasma product), especially in some countries, despite the lack of adequate knowledge derived from previous research to support such an approach. In the present Cochrane systematic review, we set out to assess the benefits and harms of fibrinogen concentrate in patients with bleeding. We searched the databases to August 2013, we identified six randomized trials in cardiac and elective surgical settings that compared fibrinogen concentrate (248 participants) with placebo/other sources or no treatment. Additionally, we found 12 ongoing trials, but we were unable to retrieve any data from them. We could not identify beneficial effects of fibrinogen concentrate on patient survival. In our predefined outcomes, we identified a reduced proportion of patients requiring donor blood transfusion. We could not identify reduced blood loss or any harms or adverse events caused by treatment with fibrinogen concentrate. However, all trials were of low quality and were small, so evidence in support of fibrinogen concentrate in patients with bleeding remains weak.

## SUMMARY OF FINDINGS

Summary of findings for the main comparison. Fibrinogen concentrate versus any comparator for patients with bleeding

## Fibrinogen concentrate versus any comparator for patients with bleeding

Patient or population: bleeding patients or at risk of severe bleeding **Settings:** in-hospital care, operative setting, intensive care or trauma

**Intervention:** fibrinogen concentrate **Comparison:** any comparator

Outcomes	Illustrative comparative risks* (95% CI)		Relative effect - (95% CI)	No. of partici- pants	Quality of the Comments evidence
	Assumed risk	Corresponding risk	(33 % Ci)	(studies)	(GRADE)
	Any comparator	Fibrinogen concentrate			
Mortality	Study population		<b>RR 0.28</b> - (0.03 to 2.33)	81 (2 studies)	⊕⊝⊝⊝ very low <sup>1,2,3</sup>
	95 per 1000	<b>27 per 1000</b> (3 to 222)	- (0.03 to 2.33)	(2 studies)	very tow->->
	Moderate				
	63 per 1000	<b>18 per 1000</b> (2 to 147)			
Incidence of allogenic blood transfusion	Study population		<b>RR 0.47</b> - (0.31 to 0.72)	207 (5 studies)	⊕⊙⊙⊝ very low <sup>1,4,5,6</sup>
Proportion of participants transfused with RBC, FFP, PLT and/or cryo	764 per 1000	<b>359 per 1000</b> (237 to 550)	(0.51 to 0.12)	(5 stadies)	very tow-7555
, , .	Moderate				
	800 per 1000	<b>376 per 1000</b> (248 to 576)			
Thrombotic episodes (arte- rial and venous graft occlu-	Study population		<b>RR 1.03</b> (0.27 to 3.97)	124 (3 studies)	⊕⊝⊝⊝ very low <sup>1,3,5,6</sup>
sion, pulmonary embolus, deep venous thrombosis) Proportion with event	48 per 1000	<b>49 per 1000</b> (13 to 189)	- (0.21 (03.31)	(3 studies)	very low 4,0,0,0
.,	Moderate				

	48 per 1000	<b>49 per 1000</b> (13 to 191)			
Intensive care unit (ICU) stay Duration of stay (hours)	The mean intensive care unit (ICU) stay ranged across control groups from 25 to 173 hours	The mean intensive care unit (ICU) stay in the intervention groups was <b>9.87 lower</b> (20.67 lower to 0.93 higher)		112 (3 studies)	⊕⊙⊙⊝ very low <sup>1,3,4,6</sup>
Re-operation due to persis- tent bleeding Events during admission	Study population		<b>RR 0.68</b> (0.01 to 36.71)	124 (2 studies)	⊕⊙⊙ very low <sup>3,4,6</sup>
	108 per 1000	<b>73 per 1000</b> (1 to 1000)	(construction)		very tow-5-5-
	Moderate				

<sup>\*</sup>The basis for the **assumed risk** (e.g. the median control group risk across studies) is provided in footnotes. The **corresponding risk** (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

**CI:** Confidence interval; **RR:** Risk ratio.

GRADE Working Group grades of evidence:

High quality: Further research is very unlikely to change our confidence in the estimate of effect.

**Moderate quality:** Further research is likely to have an important impact on our confidence in the estimate of effect and may change the estimate.

Low quality: Further research is very likely to have an important impact on our confidence in the estimate of effect and is likely to change the estimate.

**Very low quality:** We are very uncertain about the estimate.

<sup>&</sup>lt;sup>1</sup>One trial was a small pilot study without complete blinding of personnel and industry supported. Other trial was Industry sponsored.

<sup>&</sup>lt;sup>2</sup>One trial was a zero event trial.

<sup>&</sup>lt;sup>3</sup>Few participants and very few events.

<sup>&</sup>lt;sup>4</sup>One trial with "high risk" or "unclear risk" in all aspects.

<sup>&</sup>lt;sup>5</sup>Included trials biased by industry support, small sample sizes, selective reporting and insufficient blinding.

<sup>&</sup>lt;sup>6</sup>Differing comparator, population (prophylactic against bleeding and with bleeding) and children/adults.



#### BACKGROUND

## **Description of the condition**

Fibrinogen (clotting factor I) plays a central role in normal haemostasis by acting as an endogenous substrate for fibrin formation and by inducing clot formation and platelet aggregation (Kreuz 2005; Mosesson 2001). A fibrin network formed by activated platelets and cross-linked fibrin strings represents a climax of the coagulation process in vivo. The haemostatic clot formed at the site of injury involves a complex interaction among blood vessels, platelets, erythrocytes and plasma-suspended coagulation factors (Monroe 2002). Fibrinogen is produced by the liver at a rate of 2 to 5 g per day, and the average plasma level is 2.0 to 4.5 g/ L (5.88 to 13.23 μmol/L) (Kreuz 2005). In patients with congenital hypofibrinogenaemia or fibrinogen deficiency, the critical level of fibrinogen is estimated to be below 1 g/L (Bolton-Maggs 2004; Bornikova 2011). The critical level in acquired hypofibrinogenaemia is somewhat more disputed, ranging from 1.0 to 1.5 g/L, as supported primarily by guidelines—not by evidence (Fries 2010; Rossaint 2010). Fibrinogen deficiency develops at an early stage of replacement therapy with red blood cells (RBCs) and fluids, depending on the transfusion strategy (Hiippala 1995), and is enhanced by dilution, consumption, acidosis and hypothermia (Martini 2009). In addition, infusion of colloids appears to impair coagulation even beyond the effect of dilution (Fenger-Eriksen 2009a; Fenger-Eriksen 2009c; Fries 2005; Fries 2006; Levi 2007; Mittermayr 2007). Bleeding and a low level of fibrinogen appear to be associated with increased morbidity and mortality in various clinical settings (Blome 2005; Brohi 2008; Charbit 2007; Fenger-Eriksen 2008; Karlsson 2008; Lissalde-Lavigne 2008; Parasnis 1992; Ucar 2007).

### **Description of the intervention**

Fibrinogen substitution has been provided traditionally by sources such as fresh frozen plasma (FFP) and cryoprecipitate. FFP contains 2.0 to 4.5 g/L (5.88 to 13.23  $\mu mol/L$ ) of fibrinogen, and cryoprecipitate contains 15 to17 g/L (Caudill 2009). Substitution of fibrinogen is both historically and widely recommended at levels below 1 g/L (2.94  $\mu mol/L$ ) (ASA 2006; Jansen 2009), primarily on the basis of in vitro studies (Fenger-Eriksen 2009b). However, the optimal goal for substitution or the relation to patient outcomes has not been established (Levy 2012; Sorensen 2010; Warmuth 2012). Fibrinogen concentrate is a pasteurized concentrate made from pooled human plasma. It is available in single-use vials containing 900 to 1300 mg lyophilized fibrinogen concentrate powder for reconstitution (Fenger-Eriksen 2009b; Kreuz 2005).

## How the intervention might work

Fibrinogen substitution is believed to normalize and improve the environment for clot formation by providing sufficient amounts of substrate and by enhancing the strength and speed of clot generation (Nielsen 2005; Nielsen 2005a) in patients depleted of or with dysfunctional fibrinogen. Furthermore, the coagulopathic effects of colloids may cause a reduction in coagulation factor VIII and von Willebrand factor in combination with an acquired platelet dysfunction and impairment of the polymerization of fibrin monomers (de Jonge 1998). Several studies have suggested a role of fibrinogen concentrate in reversing this impairment of haemostasis (Fenger-Eriksen 2005; Fenger-Eriksen 2009a; Fries 2005; Fries 2006; Haas 2008a; Mittermayr 2007).

The level of fibrinogen is traditionally measured by the Clauss method (Fenger-Eriksen 2009b) despite various limitations such as inability of the method to assess the functionality of fibrinogen (dysfibrinogenaemia) (Fenger-Eriksen 2009b) and falsely high levels of measured fibrinogen when patients are transfused with certain colloids (Hiippala 1995a). Thrombelastography (TEG®) or thromboelastometry (ROTEM®) is established as a method that can be used to assess the coagulopathic function of fibrinogen (Huissoud 2009; Kalina 2008; Lang 2005). Fibrinogen concentrate improves clot strength (maximum amplitude, maximum clot firmness); clot formation (reaction time (R-time), clotting time); and clot propagation (alpha angle) as measured by thrombelastography or thromboelastometry (Fenger-Eriksen 2005; Lang 2005; Nielsen 2005; Nielsen 2005a).

### Why it is important to do this review

Avoiding transfusions with allogeneic blood products represents a possible beneficial effect in terms of reduced morbidity and possibly reduced mortality (Carson 2011; Carson 2012; Hebert 1999). Fibrinogen substitution offers the possible effect of normalizing haemostasis and subsequently reducing bleeding and the need for blood transfusion. The use of fibrinogen concentrate is well established in the treatment of hereditary fibrinogenrelated bleeding disorders, for which the concentrate is preferred to both cryoprecipitate and FFP (Bornikova 2011; UKHCDO 2003). Fibrinogen concentrate has regained attention as a potential haemostatic agent in the context of acquired hypofibrinogenaemia and bleeding patients, probably as a result of practical issues, such as no requirement for thawing or blood group matching and low administration volume (Sorensen 2010), but also because of the increasing availability of fibrinogen and haemostatic monitoring. In addition, administering fibrinogen concentrate may be the most efficient way to correct a fibrinogen deficiency when compared with other sources of fibrinogen such as FFP and cryoprecipitate (Sorensen 2010). In addition to efficacy, the aspects of time needed for infusion and costs warrant further evaluation in future studies. Manufacturers recommend an infusion rate of a maximum of 1 gram over a period of 10 minutes, added to the 15 minutes for mixing, that is, longer than one hour of total time for mixing and infusing a recommended dose of 5 grams (70 mg/kg for a 70 kg person) (Riastap 2009). This should be compared with cryoprecipitate and FFP, which require only thawing (5 to 15 minutes) and carry no maximum infusion rate. Increasing use of fibrinogen concentrate should be accompanied by a systematic approach to gathering clinical evidence and identifying benefits as well as adverse effects, which will lead investigators to perform the randomized clinical trials that are needed. No previous systematic reviews have investigated this topic. The aim of this review was to assess the evidence suggesting that fibrinogen concentrate is beneficial or harmful for patients with bleeding when compared with placebo or usual treatment.

## **OBJECTIVES**

We assessed the benefits and harms of fibrinogen concentrate compared with placebo or usual treatment for bleeding patients.



#### **METHODS**

### Criteria for considering studies for this review

#### Types of studies

We included randomized clinical trials (RCTs) irrespective of publication status, date of publication, blinding status or language. We contacted the investigators and the authors to retrieve relevant data. We included unpublished trials only if trial data and methodological descriptions were provided in written form or could be retrieved from the study authors. We also included quasi-randomized trials because of the expected low number of trials that could be included, but we excluded cross-over trials and observational studies.

## **Types of participants**

We included 'bleeding patients' as defined by the study authors.

We excluded trials that included neonates and patients with hereditary bleeding disorders resulting in fibrinogen deficiency or aberrant function.

### Types of interventions

The primary analysis included trials on fibrinogen concentrate versus placebo. We included trials that used any dose of fibrinogen concentrate, any duration of administration and co-interventions. We also included trials that compared fibrinogen concentrate with usual treatment (fresh frozen plasma, cryoprecipitate) or other haemostatic agents (e.g. recombinant factor VIIa, antifibrinolytic therapy, desmopressin and other plasma derivatives) or both.

We undertook separate subgroup analyses of trials in which fibrinogen concentrate was compared with other active interventions or was combined with co-interventions.

- Fibrinogen concentrate versus any comparator.
- Fibrinogen concentrate versus placebo or no treatment.
- Fibrinogen concentrate versus usual treatment (fresh frozen plasma or cryoprecipitate or both).
- Fibrinogen concentrate versus other haemostatic agents (recombinant factor VIIa, antifibrinolytic therapy, desmopressin, other plasma derivatives or factor-substitution products).
- Fibrinogen concentrate in combination with other haemostatic agents versus placebo, no treatment or usual treatment.
- Fibrinogen concentrate as part of a predefined transfusion algorithm versus placebo or no treatment.

## Types of outcome measures

## **Primary outcomes**

- Overall mortality. We used the longest follow-up data from each trial regardless of the period of follow-up.\*
- Overall 28-day mortality. We included data provided as 30-day mortality in the same analysis.\*

## Secondary outcomes

- Incidence of allogenic blood transfusion (e.g. avoidance of transfusion).\*
- Number of severe bleeding events and quantities of blood products transfused.\*

- Complications probably related to the intervention (e.g. thrombotic episodes (pulmonary embolism, myocardial infarction, disseminated intravascular coagulation), major immunological and allergic reactions, infections and sepsis).\*
- Incidence of surgical interventions and re-operation due to bleeding.\*
- Quality of life assessment, as defined by authors in included studies.
- Complications during inpatient stay not specific to the trial intervention (e.g. pneumonia, congestive cardiac failure, respiratory failure, renal failure).
- Duration of mechanical ventilation.
- Days free from ventilator (as defined by authors).
- Number of days in hospital.
- · Mean length of stay in intensive care unit (ICU).\*
- \* Indicates key outcomes included in the 'Summary of findings' tables.

#### Search methods for identification of studies

#### **Electronic searches**

We searched the Cochrane Central Register of Controlled Trials (CENTRAL, *The Cochrane Library* 2013, Issue 8); Ovid MEDLINE (1950 to 9 August 2013); EMBASE (Ovid SP,1980 to 9 August 2013); International Web of Science (1964 to 19 August 2013); Latin American Caribbean Health Sciences Literature (LILACS via BIREME, 1982 to 9 August 2013); the Chinese Biomedical Literature Database; advanced Google and the Cumulative Index to Nursing & Allied Health Literature (CINAHL via EBSCOhost, 1980 to 9 August 2013).

We used a systematic and sensitive search strategy to identify relevant RCTs with no language or date restrictions. For our detailed search strategies, please see Appendix 1.

## **Searching other resources**

We handsearched the reference lists of reviews, randomized and non-randomized studies and editorials to locate additional studies. We contacted the main authors of studies and experts in this field to ask for any missed, unreported or ongoing studies. We tried to contact the pharmaceutical companies CSL Behring (Switzerland/ Germany), LFB (France), Shanghai Raas Blood Products Company, Ltd (China), Benesis Corporation (Japan) and Pharming Group N.V. (Netherlands) to ask about any unpublished trials.

We searched for ongoing clinical trials and unpublished studies on the following Internet sites until 11 March 2012.

- http://www.controlled-trials.com/
- http://clinicaltrials.gov/
- http://www.centerwatch.com/

## Data collection and analysis

## **Selection of studies**

Identified reports retrieved from the search were assessed, and obviously irrelevant reports were excluded. Three review authors (JL, MJ, AW) independently examined them for eligibility. This process was performed without blinding of authors, institution, journal of publication or results. We resolved disagreements by

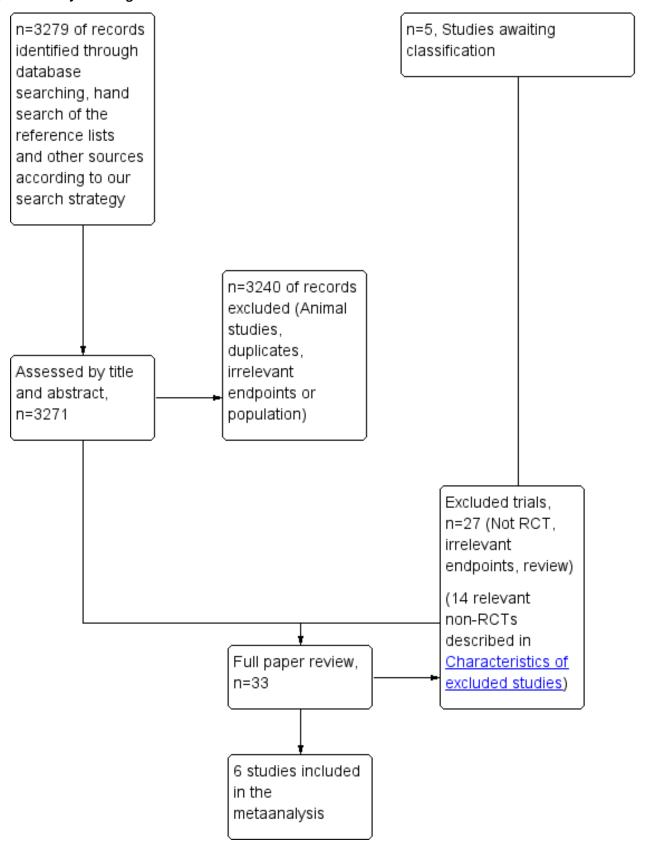


discussion, and if no agreement was found, we consulted a fourth

person (AA). We provide in this review a detailed description of the search and assessment (Figure 1).



Figure 1. Study flow diagram.





#### **Data extraction and management**

Using a data extraction sheet (Appendix 2), we evaluated each study, entered the data in RevMan 5.1 and checked for accuracy. If data in the identified reports were somewhat unclear, we attempted to contact the authors of the original study to ask for further details.

#### Assessment of risk of bias in included studies

Three review authors (JL, MJ, AW) independently assessed the risk of bias without blinding using the criteria outlined in the *Cochrane Handbook for Systematic Reviews of Interventions* (Higgins 2011). We resolved disagreements by discussion, and if no agreement was found, we consulted a third person. Each question of validity was answered systematically as described by the following.

#### 1) Random sequence generation?

- Assessment of randomization: the sufficiency of the method in producing two comparable groups before intervention.
- Grading:
  - 'Low risk' (a truly random process, e.g. random computer number generator, coin tossing or throwing dice); or
  - 'High risk' (any non-random process, e.g. date of birth, date of admission by hospital, clinic record number, or by availability of the intervention); or 'Unclear'.

#### 2) Allocation concealment?

- Allocation method prevented investigators or participants from foreseeing assignment.
- Grading:
  - 'Low risk' (central allocation or sealed envelopes); or
  - 'High risk' (using open allocation schedule or other unconcealed procedure); or 'Unclear'.

## 3) Blinding of participants and personnel?

- Assessment of appropriate blinding of investigation team and participants: person responsible for participant's care, participants and eventual others.
- Grading:
  - 'Low risk': We considered blinding as adequate if participants and personnel were kept unaware of intervention allocations after inclusion of participants into the study and if the method of blinding involved placebo or an intervention disguised in the same manner as a placebo, because mortality is an objective outcome;
  - 'Unclear': blinding not described; or
  - 'High risk': not double blinded, categorized as an open-label study or without use of placebo or an intervention disguised in the same manner as placebo.

## 4) Blinding of outcome assessor?

- Assessment of appropriate blinding of outcome assessor.
- Grading:
  - 'Low risk': We considered blinding as adequate if outcome assessors were kept unaware of intervention allocations after inclusion of participants into the study and if the method of blinding involved placebo or an intervention disguised in the

- same manner as a placebo, because mortality is an objective outcome:
- · 'Unclear': blinding not described; or
- 'High risk': not double blinded, categorized as an open-label study or without use of placebo or an intervention disguised in the same manner as placebo.

#### 5) Incomplete outcome data?

- Completeness of outcome data including attrition and exclusions.
- · Grading:
  - 'Low risk' (if the numbers and the reasons for dropouts and withdrawals in the intervention groups were described, or if it was specified that no dropouts or withdrawals occurred);
  - 'High risk' (if no description of dropouts and withdrawals was provided); or
  - 'Unclear' (if the report gave the impression that no dropouts or withdrawals occurred, but this was not specifically stated).

## 6) Selective reporting?

- The possibility of selective outcome reporting.
- Grading:
  - 'Low risk' (if the reported outcomes are those prespecified in an available study protocol or official trial registration, if this is not available, the published report includes all expected outcomes);
  - 'High risk' (if not all prespecified outcomes have been reported, or if they have been reported using nonprespecified subscales or have been reported incompletely or if report fails to include a key outcome that would have been expected to have been reported for such a study); or
  - 'Unclear'.

### 7) Other bias?

- Assessment of any possible sources of bias not addressed in domains 1 to 5.
- Grading:
  - 'Low risk' (if the report appears to be free of such bias); or
  - 'High risk' (if at least one important bias related to study design is present, or early stopping due to some datadependent process, extreme baseline imbalance, claimed fraudulence or other problems); or 'Unclear' (insufficient information or evidence that an identified problem will introduce bias).

With reference to domains 1 to 6 above, we assessed the likely magnitude and direction of the bias and whether we considered it likely that it would have an impact on our findings. We planned to explore the impact of bias in the sensitivity analyses. Please see Sensitivity analysis.

## Measures of treatment effect

#### Dichotomous data

We calculated the risk ratios (RRs) with 95% confidence intervals (CIs) for dichotomous data (binary outcomes).



#### Continuous data

We used the mean difference (MD) if data were continuous and were measured in the same way between trials. The standardized mean difference (SMD) was used to combine trials that measured the same outcome but used different methods.

#### Unit of analysis issues

#### **Cross-over trials**

We excluded cross-over trials because of the potential high risk of 'carry-over' of treatment effect in the context of bleeding. However, if the authors provided relevant data for our analyses at a prespecified time point before cross-over, these data were used in our analyses.

#### Studies with multiple intervention groups

In studies designed with multiple intervention groups, we combined groups to create a single pair-wise comparison (Higgins 2011). In trials with two or more fibrinogen groups receiving different doses, we combined data, when possible, for the primary and secondary outcomes.

#### Dealing with missing data

We contacted the first authors and contact persons of the trials with missing data to try to retrieve the relevant data. For all included studies, we noted levels of attrition and any exclusions. We conducted a sensitivity analysis to explore the impact of included studies with high levels of missing data. In cases of missing data, we chose 'complete case analysis' for our primary outcome, which simply excludes from the analysis all participants with the outcome missing. Selective outcome reporting occurs when non-significant results are selectively withheld from publication (Chan 2004) and is defined as the selection, on the basis of the results, of a subset of the original variables recorded for inclusion in publication of trials (Hutton 2000). The most important types of selective outcome reporting are:

- selective omission of outcomes from reports;
- selective selection of data for an outcome;
- selective reporting of different analyses using the same data; and
- selective reporting of subsets of the data and selective underreporting of data (Higgins 2011).

Statistical methods to detect within-study selective reporting are still in their infant stages. We tried to check for selective outcome reporting by comparing publications with their protocols or official trial registrations when available.

## Assessment of heterogeneity

We explored heterogeneity using the  $I^2$  statistic and the Chi² test. A P value  $\leq 0.1$  is considered to identify significant heterogeneity. An  $I^2$  statistic above 50% represents substantial heterogeneity. In case of  $I^2 > 0$  (mortality outcome), we tried to determine the cause of heterogeneity by performing relevant subgroup analyses. We used the Chi² test to obtain an indication of heterogeneity between studies, with P  $\leq 0.1$  considered significant.

#### **Assessment of reporting biases**

**Publication bias**: arises when the dissemination of research findings is influenced by the nature and direction of results (Higgins 2011). We planned to explore the level of publication bias related to the trials included in the review by providing a funnel plot. To quantify this asymmetry in meta-analyses with binary outcomes, we also planned to apply the test proposed by Rücker (Rucker 2008). This test has the advantage of including trials with no events. However, because the number of included trials did not exceed 10, we chose not to carry out these tests as suggested by the *Cochrane Handbook for Systematic Reviews of Interventions* .

**Funding bias**: is related to possible publication delay or discouragement in relation to undesired results in trials sponsored by the industry (Higgins 2011). To explore the role of funding, we planned to conduct a sensitivity analysis based on our primary endpoint. However, because of lack of data, this approach was not applied.

#### **Data synthesis**

We used the Review Manager software (RevMan 5.1) to perform meta-analyses on pre-stated outcomes (Types of outcome measures) from included trials. If we performed the meta-analyses and  $I^2 = 0$ , we reported only the results from the fixed-effect model; in cases of  $I^2 > 0$ , we reported only the results from the random-effects model unless one or two trials accounted for more than 60% of the total evidence provided, in which case the random-effects model may be biased. The latter is provided only to make the review more readable. We believe there is little value in using a fixed-effect model in cases of substantial heterogeneity, which we expect is due to the various reasons leading to massive bleeding. We chose to pool studies only in cases of low clinical heterogeneity.

When meta-analysis is used in combining results from several studies with binary outcomes (i.e. event or no event), adverse effects may be rare but serious and hence important (Sutton 2002).

Most meta-analytical software does not include trials with 'zero event' in both arms (intervention vs control) when calculating RR. Exempting these trials from the calculation of RR and 95% CI may lead to overestimation of treatment effect. The Cochrane Collaboration recommends application of the Peto odds ratio (OR), which is the best method of estimating odds ratio when many trials with no events in one or both arms are included (Higgins 2011). However, the Peto method is generally less useful when the trials are small, or when treatment effects are large. We planned to conduct a sensitivity analysis by applying the Peto OR if this sensitivity analysis was seen as a valid option. However, only two small trials provided data on mortality, and one included 'zero event' in both arms; therefore, because of lack of data, we chose not to proceed with these exploratory analyses.

In a single trial, interim analysis increases the risk of type I errors. To avoid type I errors, group sequential monitoring boundaries (Lan 1983) are applied to reveal whether a trial could be terminated early because of a sufficiently small P value, that is, the cumulative z-curve crosses the monitoring boundaries. Sequential monitoring boundaries, called *trial sequential monitoring boundaries*, can be applied to meta-analysis as well,. In trial sequential analysis (TSA), the addition of each trial into a cumulative meta-analysis is regarded as an interim meta-analysis and helps the investigator to decide whether additional trials are needed.



The idea behind TSA is that if the cumulative z-curve crosses the boundary, a sufficient level of evidence is reached, and no further trials are needed. If the z-curve does not cross the boundary, then evidence is insufficient to allow investigators to reach a conclusion. To construct the trial sequential monitoring boundaries, the information size is required and is calculated as the least number of participants needed in a well-powered single trial (Brok 2008; Pogue 1997; Pogue 1998; Wetterslev 2008; Wetterslev 2009). We applied TSA (TSA 2010) because this prevents an increase in the risk of type I error (< 5%) due to potential multiple updating and sparse data in a cumulative meta-analysis and provides us with important information to allow us to estimate the level of evidence for the experimental intervention. Additionally, TSA provides us with important information regarding the need for additional trials and the required information size. We wanted to perform TSA in anticipation of an intervention effect as indicated by the trials included in the traditional meta-analysis, or even the intervention effect suggested by the upper confidence limit from the intervention effect estimate found in the traditional metaanalysis, to cover any uncertainty displayed by the present data. We calculated the diversity-adjusted required information size using the pooled variance from the traditional meta-analysis (Turner 2013; Wetterslev 2009), as well as the control event proportion from the meta-analysis of the included trials.

#### Subgroup analysis and investigation of heterogeneity

We aimed for the following subgroup analyses.

- The benefits and harms of fibrinogen concentrate in trials investigating participants treated with plasma expanders (colloids) versus trials investigating participants not treated with plasma expanders. Treatment is defined as a methodical, prespecified and clinically evaluated level of haemodilution.
- The benefits and harms of fibrinogen concentrate in trials investigating the cardiac surgery population versus trials investigating the non-cardiac surgery population.
- The benefits and harms of fibrinogen concentrate in trials investigating the emergency surgery population (defined as surgery that should be performed within 24 hours after the indication for surgery is identified) versus trials investigating the non-emergency surgery population.
- The benefits and harms of fibrinogen concentrate in trials investigating the trauma population versus trials investigating the non-trauma population.
- The benefits and harms of fibrinogen concentrate in trials investigating the obstetrical population versus trials investigating the non-obstetrical population.
- The benefits and harms of fibrinogen concentrate in trials investigating the paediatric population (age younger than 18 years, neonates not included) versus trials investigating the adult population.
- The benefits and harms of fibrinogen concentrate in trials investigating critically ill participants (e.g. sepsis, septic shock, disseminated intravascular coagulation) versus trials investigating the population of participants not defined as critically ill.
- The benefits and harms identified by comparing the pooled intervention effect in trials with a dose regimen that was higher than the median dose of administered fibrinogen concentrate with trials having a dose regimen equal to or smaller than the

median dose. This is done to detect a possible dependency of the estimate of intervention effect with the dose regimen.

In case of considerable between-trial heterogeneity, we planed to apply meta-regression.

If analyses of various subgroups with binary data were significant, we planed to perform a test of interaction by applying the fixed inverse variance method incorporated in RevMan 5.1. Alternatively, we applied meta-regression if a fixed-effect model was not considered sensible because of considerable between-study variability. We considered P < 0.05 as indicating significant interaction between the fibrinogen effect on mortality and the subgroup category (Higgins 2011, Chapters 9.6.1 and 9.7). Too few cases were available to conduct meta-regression or Q-partitioning.

#### Sensitivity analysis

We planned for the following sensitivity analyses.

- Comparison of estimates of the pooled intervention effect in trials investigating fibrinogen concentrate as a part of a predefined transfusion algorithm with trials addressing only the isolated effect of fibrinogen concentrate (control of transfusion using an algorithm is considered a potential confounder).
- Comparison of estimates of the pooled intervention effect in trials using quasi-randomization with estimates from trials with proper randomization (i.e. adequate sequence generation and allocation concealment (Assessment of risk of bias in included studies)).
- Comparison of estimates of the pooled intervention effect in trials with low risk of bias with estimates from trials with high risk of bias (i.e. trials having at least one inadequate risk of bias component).
- Comparison of estimates of the pooled intervention effect in trials based on different components of risk of bias (random sequence generation, allocation concealment, blinding, completeness of outcome data, selective reporting and 'other' bias).
- Comparison of estimates of the pooled intervention effect in trials with high levels of missing data. In cases of missing data, our strategy was to apply 'complete case analysis' for primary and secondary outcomes, thereby excluding from the analysis all participants for whom the outcome was missing.
- Examination of the role of funding bias when trials that were exclusively sponsored by pharmaceutical and medical devices companies were excluded.
- Comparison of estimates of the pooled intervention effect excluding data from studies published only as abstracts.
- Assessment of the benefits and harms of fibrinogen by conducting a continuity correction of trials with zero events for the primary outcome.
- We calculated RR with 95% CI and decided to apply complete case analysis, if possible, for our sensitivity and subgroup analyses based on our primary outcome measure (mortality).

## Summary of findings tables

We used the principles of the GRADE system (GradePro; Guyatt 2008) to assess the quality of the body of evidence associated with specific outcomes (overall mortality; incidence of allogenic blood transfusion; complications probably related to



the intervention (e.g. thrombotic episodes (pulmonary embolism, myocardial infarction, disseminated intravascular coagulation (DIC)), incidence of surgical interventions and re-operation due to bleeding; and mean length of stay in the ICU).

#### RESULTS

#### **Description of studies**

See: Characteristics of included studies; Characteristics of excluded studies; Characteristics of ongoing studies; Characteristics of studies awaiting classification.

#### Results of the search

Through electronic database search and handsearch of references, we identified 3280 publications. Identification of animal studies, duplicates and trials with irrelevant endpoints or populations excluded 3240 publications. Five studies are awaiting classification (Galas 2012a; Rahe-Meyer 2011a; Rahe-Meyer 2012; Rahe-Meyer 2013a; Solomon 2012 see Characteristics of studies awaiting classification.On the basis of title and abstract, we found 33 studies relevant for full paper review. This excluded another 19 on the basis of design (not RCT), irrelevant endpoints and review publications (Characteristics of excluded studies). We included six randomized trials (Cui 2010; Fenger-Eriksen 2009a; Galas 2012; Karlsson 2009; Lance 2011; Rahe-Meyer 2013) comprising a total of 248 randomly assigned participants (Characteristics of included studies; Appendix 3). One of the included studies was published only as a posters/meeting abstract (Galas 2012). We found no quasirandomized studies.

We identified 11 ongoing studies but were unable to retrieve any data from the investigators at their current stage. For additional information on these studies (Fries 2011; Haas 2012; Innerhofer 2012; Jeppsson 2010; Kwapisz 2012; Nierich 2011; Nimmo 2009; ; Ranucci 2011; Sabate 2012; Tanaka 2011; Wikkelsoe 2011), see Characteristics of ongoing studies and Appendix 4. The three review authors (JL, AW and MJ) completely agreed on the selection of included studies. We obtained additional information from four study authors, as listed in the table (Characteristics of included studies).

Karlsson 2009 represents two publications of the same trial. Mortality was reported in two of the included studies (Rahe-Meyer 2013; Karlsson 2009 (additional information obtained from the author)).

#### **Included studies**

See: Characteristics of included studies; Appendix 3.

We included six trials published or reported during the period from 2009 to 2013. The sample size varied between 20 and 63. Two trials (Cui 2010; Galas 2012) involved a paediatric population. All six trials included elective surgical participants but assessed different types of surgery: cardiac (Cui 2010; Galas

2012; Karlsson 2009; Rahe-Meyer 2013); mixed population of cardiac surgery, major abdominal and spinal surgery (Lance 2011); and elective urological cancer operation (Fenger-Eriksen 2009a). The objective of assessing the potential benefits of fibrinogen concentrate in the treatment of bleeding participants differed among the trials, ranging from one trial that explored the use of fibrinogen substitution for the reversal of colloid dilution and subsequent impairment of haemostasis (Fenger-Eriksen 2009a), to another trial that assessed the role of preemptive treatment in participants at risk for postoperative bleeding (Karlsson 2009), to two trials that examined replacement of FFP or cryoprecipitate with fibrinogen concentrate in cases of major haemorrhage and need for haemostatic treatment (Galas 2012; Lance 2011) and finally to two trials that used a thrombelastography-guided algorithm to treat acquired hypofibrinogenaemia (Cui 2010; Rahe-Meyer 2013). Blood loss in the four studies involving adult participants ranged between mean 830 mL and 2933 mL. Four of six studies used synthetic colloids as part of the fluid resuscitation strategy before intervention was given (see Appendix 3), and the remaining two provided no information regarding this issue.

Three studies used single doses of fibrinogen concentrate (0.5 to 2 g) (Cui 2010; Karlsson 2009; Lance 2011), two derived the fibrinogen dose from the body weight (45 mg fibrinogen/kg: Fenger-Eriksen 2009a and 60 mg fibrinogen/kg: Galas 2012) and one calculated the fibrinogen dose on the basis of ROTEM/FIBTEM measures (Rahe-Meyer 2013, median fibrinogen dose administered was 8 g).

Cui 2010 combined fibrinogen concentrate substitution with routine transfusion therapy, and Lance 2011 used co-application of two units of FFP. Two studies used placebo (isotonic saline) as a comparison (Fenger-Eriksen 2009a; Rahe-Meyer 2013), two compared fibrinogen with standard treatment (Cui 2010; Lance 2011), one used cryoprecipitate (Galas 2012) and another provided no additional treatment (Karlsson 2009). Follow-up differed between studies and even between outcomes in each study (see Appendix 3), and no participants were followed beyond the end of hospitalisation.

## **Excluded studies**

We excluded 14 potentially relevant publications. Most studies were designed as retrospective cohort studies involving a mixed group of participants. No studies evaluated mortality (see Characteristics of excluded studies; Bell 2010; Danes 2008; Glover 2010; Guasch 2008; Haas 2008; Mittermayr 2007; Morrison 2011; Rahe-Meyer 2009; Rahe-Meyer 2009a; Schöchl 2010a; Schöchl 2010b; Solomon 2010; Thorarinsdottir 2010; Weinkove 2007).

#### Risk of bias in included studies

The overall quality of trials was evaluated on the basis of major sources of bias (domains) as described above. No trials could be classified as overall 'Low risk of bias'. The various bias domains are presented in the 'risk of bias' graph (Figure 2) and in the 'risk of bias' summary (Figure 3).



Figure 2. Risk of bias graph: review authors' judgements about each risk of bias item presented as percentages across all included studies.

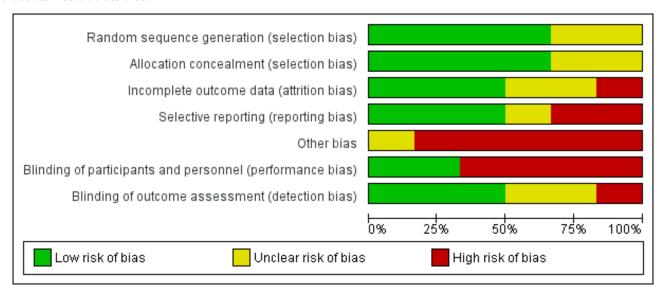
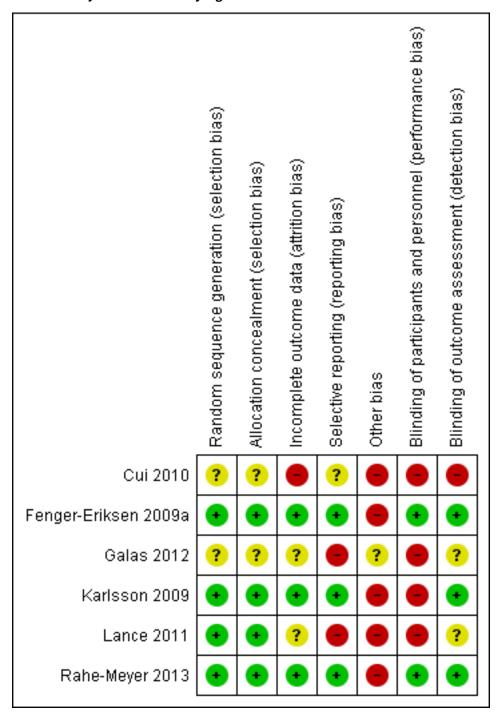




Figure 3. Risk of bias summary: review authors' judgements about each risk of bias item for each included study.



### Allocation

Four studies provided information on the method used to generate the allocation sequence (shuffling of cards or computer random sequence generation) (Fenger-Eriksen 2009a; Karlsson 2009; Lance 2011; Rahe-Meyer 2013), and the same four trials used adequate allocation concealment with closed opaque envelopes (Fenger-Eriksen 2009a; Karlsson 2009; Lance 2011; Rahe-Meyer 2013).

## Blinding

One study was open-label (Galas 2012). Two reports described adequate blinding provided to participants, caregivers (Fenger-Eriksen 2009a; Rahe-Meyer 2013) and outcome assessors (Fenger-Eriksen 2009a; Karlsson 2009; Rahe-Meyer 2013). Karlsson 2009 and Lance 2011 did not achieve complete blinding in that anaesthetic personnel at the operation theatre were not completely blinded. Cui 2010 gave no information on blinding, and attempts to contact the authors yielded no additional information.



#### Incomplete outcome data

One study reported on intention-to-treat (ITT) analysis (Rahe-Meyer 2013). Three studies (Cui 2010; Fenger-Eriksen 2009a; Lance 2011) excluded participants after randomization, and none performed ITT analysis or provided follow-up data on excluded participants: Cui 2010 excluded 22.5% (9 of 40 randomly assigned participants) in accordance with exclusion criteria (history of blood disease, anticoagulant treatment before surgery, medication that affects haemostasis and difficult sternal closure). Fenger-Eriksen 2009a excluded 5% (1 of 21) of randomly assigned participants because of cancelled operation, and Lance 2011 excluded 17% (9 of 52) of randomly assigned participants because FFP transfusion was less than required. We obtained no additional information on excluded participants through our attempts to contact study authors.

#### **Selective reporting**

We were able to compare three trials (Fenger-Eriksen 2009a; Galas 2012; Rahe-Meyer 2013) with the trial registration on clinicaltrials.gov and one with the protocol (Lance 2011). Galas 2012 appeared to have changed inclusion criteria (age of participants) and added one outcome parameter in the process. Lance 2011 seemed to have changed the primary outcome. None of the others were suspicious of selective reporting. We were unable to obtain protocol or trial registration material in the remaining studies to compare with the published material.

#### Other potential sources of bias

### **Funding bias**

Three trials (Fenger-Eriksen 2009a; Karlsson 2009; Lance 2011) registered the manufacturer of fibrinogen concentrate (Haemocomplettan®/RiaSTAP®), CSL Behring, Switzerland, as affiliated by means of unrestricted grants, and one (Rahe-Meyer 2013) as receiving extensive support. Lance 2011 also acknowledges three persons from CSL Behring for "stimulating discussions". Cui 2010 and Galas 2012 provide no information on funding in their publications, and we were unable to obtain information regarding this issue.

A total of 45% (5/11) of the ongoing studies reported that they were independent of the industry (Haas 2012; Innerhofer 2012; Jeppsson 2010; Sabate 2012; Wikkelsoe 2011). Ten trials used (Haemocomplettan®/RiaSTAP®) CSL Behring and one (Fries 2011) used (FCTW/Clottafact®) Laboratoire Français du Fractionnement et des Biotechnologies (LFB) products (see Characteristics of ongoing studies; Appendix 4).

Pharming Group N.V. (Netherlands) replied that it had no ongoing clinical studies investigating fibrinogen concentrate. We received no reply from Shanghai Raas Blood Products Company, Ltd (China) or from Benesis Corporation (Japan) regarding this issue.

## Study design and early stopping

Sample sizes were small in each trial (20 to 63 participants), immensely increasing the risk of random error. Only two studies provided sample size estimates used for calculation, and the two smallest trials (Fenger-Eriksen 2009a; Karlsson 2009) described a primary surrogate outcome (coagulation parameters) or a pilot

study that was clearly under-dimensioned. No trials reported early stopping.

#### Baseline imbalance

One study showed operative recovery data with very large differences between groups, suggesting that the intervention group might have consisted of healthier individuals overall (Cui 2010), one provided no data to illustrate a reported balance in baseline parameters (Fenger-Eriksen 2009a) and one provided no baseline parameters (Galas 2012). The rest were apparently free of baseline imbalance; however, no additional exploratory statistical analyses were performed, as recommended by The International Conference on Harmonisation of Technical Requirements for Registration of Pharmaceuticals for Human Use Good Clinical Practice (ICH Harmonised Tripartite Guideline).

#### **Effects of interventions**

See: Summary of findings for the main comparison Fibrinogen concentrate versus any comparator for patients with bleeding

#### **Primary outcome**

Only two trials provided data on mortality, but onlyRahe-Meyer 2013 contributed to the analysis because Karlsson 2009 was a zero event trial. No statistically beneficial effect was described for the longest follow-up, and the outcome of 28 day mortality (2.6% vs 9.5%, RR 0.28, 95% CI 0.03 to 2.33) (Analysis 1.1; Appendix 5).

### **Secondary outcomes**

#### Comparison: Fibrinogen concentrate versus any comparator

**Blood transfusion:** Pooling data from five studies on the proportion of participants with allogenic blood transfusion (longest follow-up) shows a statistically significant reduction favouring the use of fibrinogen concentrate (Analysis 1.5) (RR 0.47, 95% CI 0.31 to 0.72,  $I^2 = 41\%$ ). This effect was not evident in the overall incidence of RBC transfusion (Analysis 1.10) (RR 0.81, 95% CI 0.32 to 2.02,  $I^2 = 89\%$ ). The reporting of continuous transfusion requirement data was statistically skewed, and only median and interquartile range values were reported. Meta-analyses based on data with median equal zero was not attempted. Thus, we are unable to report on the reduction in FFP, RBC or platelet (PLT) volume.

**Adverse events:** Three trials reported on thrombotic episodes with no statistically significant effect identified (Analysis 1.11) (RR 1.03, 95% CI 0.27 to 3.97,  $I^2 = 0\%$ ). However, only six events were reported. No statistical difference was found related to complications unspecific to trial intervention (pleural effusion, abdominal ischaemias and other serious adverse events; Analysis 1.12) (RR 1.25, 95% CI 0.45 to 3.44,  $I^2 = 0\%$ ), and only one study reported wound infection and sepsis as the outcome (Lance 2011), with no difference identified (Appendix 6).

**Bleeding:** No difference was found in any of the outcomes related to assessment of bleeding, including blood loss/drainage (longest follow-up; Analysis 1.13) and 24 hour blood loss/drainage (Analysis 1.14) associated with re-operation due to persistent bleeding (Analysis 1.9). Three additional bleeding outcomes were reported by only one trial (Appendix 8).

**Operative recovery:** We assessed duration of ICU stay (Analysis 1.2), duration of mechanical ventilation (Analysis 1.3) and stay



in hospital (Analysis 1.4) and obtained no statistically significant results. No studies provided data on "days free from ventilator".

Finally, none of the trials provided data on quality of life assessment or cost-benefit analyses.

## Comparison: Fibrinogen concentrate versus placebo or no treatment

Two trials compared fibrinogen with placebo or no treatment (Fenger-Eriksen 2009a; Karlsson 2009). Fibrinogen concentrate appeared beneficial in reducing the proportion of participants in need of allogenic blood transfusion, but this was supported by only two trials with a total of 40 participants (Analysis 1.5) (RR 0.27, 95% CI 0.09 to 0.80,  $I^2 = 0$  %). Single-study outcomes are reported in Appendix 9.

# Comparison: Fibrinogen concentrate versus FFP or cryoprecipitate

Three trials compared fibrinogen with FFP or cryoprecipitate (Cui 2010; Galas 2012; Lance 2011). However, the reported data (single-study) on relevant outcomes were sparse (Appendix 10).

## Comparison: Fibrinogen concentrate in treatment algorithm versus placebo or no treatment

Only Rahe-Meyer 2013 applied this treatment regimen (Appendix 11).

## **Subgroup analyses**

We were unable to conduct our predefined subgroup and sensitivity analyses on the primary outcome because available data were insufficient.

**Type of surgery:** We were able to compare only trials with cardiac surgery versus non-cardiac surgery. No trials investigating emergency surgery, trauma, critically ill or obstetrical participants were identified. Cardiac surgery participants were investigated in four trials (Cui 2010; Galas 2012; Karlsson 2009; Rahe-Meyer 2013), but compared with the remaining two, no subgroup differences were found to explain the observed heterogeneity in the incidence of allogenic blood transfusion (Analysis 1.6).

**Age group:** Two trials were conducted in paediatric populations (Cui 2010; Galas 2012). We found no significant difference in subgroups explaining heterogeneity in the incidence of allogenic blood transfusion (Analysis 1.7).

**Use of plasma expanders:** Only one trial (Fenger-Eriksen 2009a) investigated participants specifically haemodiluted with synthetic

plasma expanders before intervention. No subgroup comparison was conducted using this criterion.

**Dose regimen:** The median fibrinogen dose given was approximately 50 mg/kg body weight, with three trials giving higher doses (Cui 2010; Galas 2012; Rahe-Meyer 2013) and three giving lower doses (Fenger-Eriksen 2009a; Karlsson 2009; Lance 2011). The outcome of the incidence of allogenic blood transfusion revealed insignificant subgroup differences regarding dose regimen (Analysis 1.8).

#### Sensitivity analyses

**Bias assessment:** No trials were evaluated as having overall "low risk of bias" (Characteristics of included studies); therefore, no sensitivity or subgroup analyses were carried out regarding this issue.

**Types of comparison:** We wished to assess whether differences in types of comparisons made a difference (e.g. if a predefined transfusion algorithm was different from the isolated effect of fibrinogen, or if comparison with placebo was different from that of FFP). The six included trials differ in terms of treatment regimens with regard to fibrinogen and type of comparison, and additional trials are needed to differentiate this aspect (Appendix 3).

**Only published peer-reviewed data:** One trial was published only as an abstract (Galas 2012).

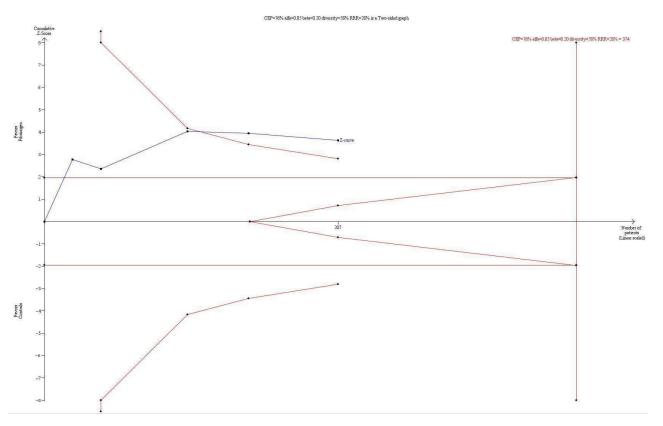
**Funding bias:** One trial (Rahe-Meyer 2013) was industry initiated and sponsored, and three (Fenger-Eriksen 2009a; Karlsson 2009; Lance 2011) were supported by unrestricted industry funding. Two trials (Cui 2010; Galas 2012) did not state their industry relations, and none of the included trials were clearly independent of the industry.

### Trial sequential analysis (TSA)

Because data on mortality were very scarce (only two trials), we were unable to conduct a trial sequential analysis (TSA) on mortality. Using an anticipated clinically relevant intervention effect of 20% relative risk reduction and a control event proportion of 10% yields a required information size of at least 10,000 participants, which is more than 20 times the actual accrued information size.

The TSA indicated statistical significance in favour of a reduction in the proportion of participants needing allogenic blood transfusion even with adjustment for repetitive testing of accumulating data in the cumulative meta-analysis, because the z-curve crossed the trial sequential monitoring boundary (Figure 4). However, bias is imminent, given that all trials are at high risk of bias.

Figure 4. Trial sequential analysis of the effect of fibrinogen concentrate on the proportion of participants transfused using a control event proportion of 76% found in the included trials cumulated control groups. The diversity (58%) adjusted required information size for an anticipated intervention effect of 28% derived from the upper confidence limit of the RR (0.31 to 0.72) estimated in the traditional meta-analysis is 374. The trial sequential monitoring boundary for benefit is crossed indicating lack of random error for the conclusion of an effect of 28% relative risk reduction even though the required information size has not been reached. However, risk of bias may have overestimated the intervention effect in the traditional meta-analysis, so the results shall be interpreted with caution.



We did not conduct a TSA on complications specific to trial intervention (using an anticipated clinically relevant intervention effect of 20% RR and a control event proportion of approximately 10%) because the required information size was at least 10,000 participants, which is more than 20 times the actual accrued information size that would be needed. Thus, currently, firm evidence of fibrinogen reducing mortality and complications specific to trial intervention is lacking because very few data are available. Equally, bias is imminent for this outcome given that all trials were determined to have high risk of bias.

## DISCUSSION

In this systematic review of six randomized trials involving 248 participants with bleeding after elective surgery, we found that data on survival were lacking. Only two trials reported mortality as an endpoint (Karlsson 2009; Rahe-Meyer 2013), and none were powered to detect a possible difference. Mortality may be contested by many as the choice of primary outcome, but it summarizes ultimate harms and benefits simultaneously. Even if participants in the trials included in this review represent patients with generally low mortality, the endpoint is of great clinical importance when

data are extrapolated to the setting of severe, acute bleeding, as is often done in everyday practice.

We identified only six randomized trials that evaluated a treatment that has been used for decades in some countries and in some clinical cases is considered 'standard treatment', depending on tradition and region. Thus, this review summarizes an area in which the evidence differs widely from clinical practice, and the information provided here should indeed ultimately guide the direction of future research.

Eleven registered ongoing RCTs indicate that this is an area of ongoing development for which it is hoped that evidence will continue to be gathered during the coming years. The ongoing trials seem to address populations unexplored by the included trials in this review (such as trauma, liver surgery and obstetrical patients). Despite initial exploratory benefits of small RCTs with 20 to 60 participants in which surrogate outcomes such as changes in coagulation parameters/improvement in haemostasis were examined, findings remain inadequate to facilitate the goal of improving the overall quality of treatment. Thus, clinically relevant endpoints should be addressed, and trials must be powered to detect possible and relevant differences.



Our analyses on blood transfusion data indicate a beneficial effect of fibrinogen concentrate, which apparently reduces the proportion of patients in need of allogenic transfusions. However, the validity of our findings may be questioned by the heterogeneity of the included trials, which describe different clinical settings (participants receiving cardiopulmonary bypass(CPB) or haemodiluted with colloids, etc), statistical heterogeneity and different comparators (placebo/saline, FFP, cryoprecipitate or no treatment). Despite a general reduction in blood transfusions, no evidence of reduced blood loss or of reduction in re-operations due to bleeding was identified. TSA on the proportion of participants in need of allogenic blood transfusion using a control event proportion of 76% and an anticipated intervention effect of 28% derived from the upper confidence limit of the intervention effect estimate in the traditional meta-analysis showed firm evidence indicating benefit associated with the use of fibrinogen. However, given that all trials are determined to have high risk of bias, this finding should be interpreted with caution. Data on continuous outcomes such as quantity of FFP, RBC or PLT transfused were statistically skewed, often with the median equalling zero. Not only is metaanalysis not recommended, but it questions the relevance of the trial population when apparently so few patients need blood transfusion.

Adverse events, especially thrombotic events, were reported as insignificant, with only very few cases reported in an overall small population. RCTs require large sample sizes if they are to show possible differences in adverse events. All six included trials were of overall 'high risk of bias', some with serious methodological flaws such as change in primary outcome (selective reporting) and exclusion of 22.5% of randomly assigned participants, with no explanation for the induced baseline imbalance. Blinding of participants, personnel and outcome assessors complicates the trial setup, especially in situations of ongoing severe haemorrhage, but it is crucial to reduce performance and detection bias. Furthermore, if mortality is not a primary endpoint of a study, then performing an open-label study weakens other endpoints that are dependent on clinical practise.

Fibrinogen concentrate might be used with different objectives, including treatment of evident hypofibrinogenaemia in participants with bleeding, prophylactic treatment in participants with risk of bleeding due to a low fibrinogen level before surgery (Karlsson 2008) or treatment in categories of participants with bleeding known to be complicated by hypofibrinogenaemia (Charbit 2007), for whom early preemptive treatment might be provided. Too few trials were available to assess these different treatment objectives (Appendix 3), but when the findings of future trials are published, we may be able to explore this topic in detail (Appendix 4).

Colloids such as hydroxyethyl starch reduce haemostatic capacity, and fibrinogen concentrate may reverse this effect (Fenger-Eriksen 2009a). Evidence of a beneficial effect related to the use of fibrinogen concentrate should therefore be sought in the light of the quantity of colloids transfused. Not all trials included in this review stated the volume of colloids transfused before intervention (Appendix 3), and we were not able to investigate this in a subgroup analysis, but future trials should address this matter. One thing that needs clarification in RCTs is the association between fluid

resuscitation strategy (especially the use of synthetic plasma expanders) and the need for or effect of fibrinogen substitution.

Participants totaling 248 are too few for statistically meaningful subgroup analyses to be conducted. However, we have outlined our approaches for future updates of this review, when data from the many ongoing trials become available.

None of the included trials were clearly independent of the industry. Five ongoing trials report to be independent of industry, and it is hoped that the impact of funding bias may be addressed in greater detail when additional trials are published.

No studies addressed a cost-benefit issue, but price remains a relevant issue: The price of 1 gram of fibrinogen concentrate in Denmark in April 2013 was 657 euro (4898 DKK, 1 DKK is 0.13 euro) (Pro.medicin.dk 2013), and for the recommended dose of 70 mg/mL (Riastap 2009) in an average person of 70 kg, the price was 3219 euro. Future studies should address cost benefit also in relation to treatment strategy (preemptive use or hypofibrinogenaemia replacement therapy).

## **Summary of main results**

Our systematic review shows that overall few randomly assigned participants (n = 248) were included in only six overall 'high risk of bias' trials primarily performed in elective cardiac surgery. It should be kept in mind that the investigated intervention is being considered as a standard treatment in some countries and settings, and none of the presented trials is powered to detect harm or safety issues. Fibrinogen concentrate appears to reduce the proportion of patients in need of allogenic blood transfusions, but we were unable to evaluate our primary endpoint—mortality; clinical and statistical heterogeneity was substantial, and we were unable to explore settings with severe bleeding such as trauma or postpartum haemorrhage. Currently, evidence supporting the use of fibrinogen concentrate in bleeding patients is weak, as can be seen in this review of six trials of elective surgery.

## Agreements and disagreements with other studies or reviews

Discussions related to the use of fibrinogen concentrate are generally complicated by the lack of a clear-cut hypofibrinogenaemia level at which we should start treatment, including indications for preemptive treatment. In addition, discussions regarding the best source of fibrinogen (fibrinogen concentrate vs fresh frozen plasma vs cryoprecipitate) divide experts in often fierce discussions based on tradition, experience, preferences, lack of evidence and conflicts of interest (industry associations) (Ozier 2011; Rahe-Meyer 2011c).

A recent review (excluding meta-analysis) sought to address the optimal source of fibrinogen in trauma patients (Kozek-Langenecker 2011). The review authors evaluated 70 publications on the use of FFP and 21 on the use of fibrinogen concentrate substitution, including all available study types ranging from case reports to RCTs. No consistent bias assessment was used, and thus RCTs were uncritically referred to as "high-quality studies". Additionally, this review did not adhere to PRISMA (Moher 2009) guidelines and/or Cochrane methodology (Higgins 2011; Kozek-Langenecker 2011a; Stanworth 2011).



In a recent publication with no meta-analysis (Warmuth 2012), the efficacy and safety of fibrinogen concentrate substitution in adults were assessed. Only two RCTs were identified (Fenger-Eriksen 2009a; Karlsson 2009) and judged to be of overall 'high risk of bias'/low quality. The authors' conclusions were consistent with our findings, indicating a possible benefit in terms of reduced transfusion requirements but with acute need of confirmation by large-scale high-quality trials.

### **AUTHORS' CONCLUSIONS**

## Implications for practice

Given the low level of evidence in six trials of elective surgery with high risk of bias favouring the use of fibrinogen concentrate for patients with bleeding and acquired haemostatic deficiencies, caution is advised, and general widespread implementation is not warranted at the present time. Such general applications of the use of fibrinogen should be postponed until solid evidence is obtained, or usage should be confined to a controlled clinical setting or trial.

## Implications for research

Further trials are urgently needed, and great emphasis must be placed on attempts to reduce bias and increase power to show differences in patient-relevant clinical outcomes (i.e. mortality). Additionally, further assessment of potential benefits or harms and of the cost benefit of fibrinogen in acute non-elective settings and with major haemorrhage remains essential and of great importance. Last, fibrinogen dosing protocols, fluid resuscitation protocols and pre-intervention monitoring will be improved by further elucidation.

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United Kingdom Haemophelia Centre Doctors' Organisation. Guidelines on the selection and use of therapeutic products to treat haemophilia and other hereditary bleeding disorders. *Haemophilia* 2003;9(1):1-23. [PUBMED: 12558775]

#### Warmuth 2012

Warmuth M, Mad P, Wild C. Systematic review of the efficacy and safety of fibrinogen concentrate substitution in adults. *Acta Anaesthesiologica Scandinavica* 2012;**56**(5):539-48. [PUBMED: 22150561]

#### Wetterslev 2008

Wetterslev J, Thorlund K, Brok J, Gluud C. Trial sequential analysis may establish when firm evidence is reached in cumulative meta-analysis. *Journal of Clinical Epidemiology* 2008;**61**(1):64-75. [MEDLINE: 18083463]

#### Wetterslev 2009

Wetterslev J, Thorlund K, Brok J, Gluud C. Estimating required information size by quantifying diversity in random-effects model meta-analyses. *BMC Medical Research Methodology* 2009;**9**:86. [PUBMED: 20042080]

## References to other published versions of this review

#### Wikkelsø 2010

Wikkelsø A, Lunde J, Johansen M, Stensballe J, Wetterslev J, Møller AM, et al. Fibrinogen concentrate in severely bleeding patients for acquired hypofibrinogenaemia. *Cochrane Database of Systematic Reviews* 2010, Issue 12. [DOI: 10.1002/14651858.CD008864]

## CHARACTERISTICS OF STUDIES

**Characteristics of included studies** [ordered by study ID]

## Cui 2010

Methods	Two-group parallel RCT, single centre			
	Overall study quality: high risk of bias			
	Sample size calculation: none reported			
	Funding: not stated			
Participants	40 participants randomly assigned, of which 31 received intervention (17 in fibrinogen group)			
	<b>Inclusion criteria:</b> cyanotic paediatric patients diagnosed with transposition of the great arteries (TGA) or double-outlet right ventricle (DORV); the operation that the patients underwent was arterial switch operation (ASO) or double roots transplantation (DRT). Hematocrit higher than 54% before operation			
	<b>Exclusion criteria:</b> history of blood disease; anticoagulation treatment before surgery; medication that affects haemostasis (such as prostaglandin E1); difficult sternal closure caused by anatomical or surgical reasons			
Interventions	<b>Intervention:</b> fibrinogen (0.5 to 1 g) administration combined with traditional transfusion guided by thrombelastography (TEG, Haemoscope Corp)			
	The type of fibrinogen substitution is not specifically described			
	Control: traditional transfusion guided by clinical experience			
Outcomes	No primary outcome is stated			

<sup>\*</sup> Indicates the major publication for the study



#### Cui 2010 (Continued)

Closure time, transfusion at closure (FFP/PLT), transfusion requirements at ICU (FFP/PLT/RBC), chest tube drainage (1,6,24 hours) and total transfusion requirements (FFP/PLT/RBC\*)

\*RBC at closure time was not assessed because residuals of blood were present in the CPB machine

#### Notes

### Country: China

We have converted the missing standard deviation in accordance with recommendations stated in the *Cochrane Handbook for Systematic Reviews of Interventions*, Chapter 7.7.3.5

We used mean body weight for each group to calculate transfused amount, when outcome was reported in mL/kg

Letter to author 2 March 2012, repeated 23 May 2012. No reply received

**Authors' conclusion:** "The present study suggests that fibrinogen might be a better haemostatic agent for paediatric patients with severely cyanotic CCHD than FFP. This new therapy method could reduce the use of allogeneic blood products and shorten the operative recovery period. In addition, TEG is effective for blood protection"

### Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Not stated
Allocation concealment (selection bias)	Unclear risk	Not stated
Incomplete outcome data (attrition bias) All outcomes	High risk	22.5% excluded (9/40), not accounted for
Selective reporting (reporting bias)	Unclear risk	Not stated
Other bias	High risk	Sample size not stated, funding not stated, baseline parameters are provided, but it is unclear if they include the excluded patients, and if the exclusions influence baseline balance. A small study and operative recovery data show very large differences between small trial groups, suggesting that the intervention group might have consisted of healthier individuals overall
Blinding of participants and personnel (perfor- mance bias) All outcomes	High risk	Not described. The intervention would be difficult to blind, so we expect this to be provided without blinding of personnel. It may be blinded to participants
Blinding of outcome assessment (detection bias) All outcomes	High risk	Not described (see above)

#### Fenger-Eriksen 2009a

Methods

Two-group parallel RCT

**Funding:** The study was supported by an unrestricted research grant from CSL Behring, the University of Aarhus Research Foundation and the A. P. Møller and Hustru Chastine McKinney Møllers Foundation



#### Fenger-Eriksen 2009a (Continued)

Overall study quality: high risk of bias

Sample size calculation: yes, based on 10% change in maximum clot strength

### **Participants**

21 participants randomly assigned; 20 participants received intervention (10 in fibrinogen group)

**Inclusion criteria:** Patients older than 17 years of age suffering from localized bladder cancer and admitted for radical cystectomy. Furthermore, perioperative dilution with hydroxyethyl starch (HES) to a 30% reduction in hematocrit level

**Exclusion criteria:** 1: Presence of coagulation disorders defined as abnormal values of platelet count, PT, APTT, fibrinogen, antithrombin or D-dimer; 2: Treatment with oral vitamin K antagonists; 3: Intake of non-steroid anti-inflammatory drugs within 2 days before surgery; 4: Renal or hepatic dysfunction; 5: Ischaemic heart disease; 6: Pregnancy; 7: Known hypersensitivity to HES

## Interventions

Intervention: fibrinogen concentrate, Haemocomplettan, CSL Behring (dosage 45 mg/kg)

Control: placebo in equivalent volume (isotonic saline 2.25 mL/kg)

### Outcomes

**Primary:** whole-blood maximum clot firmness as determined by thromboelastometry (ROTEM, thromboelastometry, Pentafarm, Munich, Germany)

**Secondary:** other thromboelastometric variables; platelet function; thrombin generation; bleeding and perioperative and postoperative blood product requirements

#### Notes

Letter to author sent 2 March 2012. Reply received 13 March 2012, additional data were provided

#### Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Shuffling of cards (additional information)
Allocation concealment (selection bias)	Low risk	Randomly assigned using the closed envelope principle
Incomplete outcome data (attrition bias) All outcomes	Low risk	According to published article, one participant was excluded after randomization because of an interrupted operation. Participant did not receive intervention. Data from this participant were not included in the analysis (no intention-to-treat analysis). (additional information) Exclusion was due to "Spread of cancer, so it was not possible to perform planned cystectomy hence the operation was interrupted". No available data on this participant regarding outcomes of this review
Selective reporting (reporting bias)	Low risk	Compared with the official description on clinicaltrials.gov. NCT00493272
Other bias	High risk	Unrestricted funding from CSL Behring. Very small sample size aimed to assess a surrogate outcome. Baseline imbalance described but analysis not provided
Blinding of participants and personnel (perfor- mance bias) All outcomes	Low risk	"The study medicine was prepared and administered by a second person; thus, the study staff was blinded to infusion of the drug vehicle and to patients participating in the study"
Blinding of outcome assessment (detection bias) All outcomes	Low risk	"Allocation concealment was sustained until all recruitment, data collection, transfusion requirement data and laboratory analyses were complete". Statistician was not blinded (additional information)



G			

Methods	Randomized double-blinded parallel-assigned single-centre clinical trial				
	Data from abstract. No additional information available				
	Funding: not stated				
	Overall study quality: high risk of bias				
	Sample size calculation: not stated				
Participants	63 participants completed the study (30 in fibrinogen group)				
	Mean age, 3 years and 5 months; mean weight, 6.7 kg				
	<b>Inclusion criteria:</b> children (< 15 years) receiving cardiac surgery with cardiopulmonary bypass, clinically important intraoperative bleeding and hypofibrinogenaemia (fibrinogen level < 1 g/L or TEG < 7 mm)				
	<b>Exclusion criteria:</b> previous coagulopathy (clinical history or INR > 1.5); low platelet count (lower than 100.000); product allergy; urgent procedures; active infection				
Interventions	Intervention group: fibrinogen concentrate (60 mg/kg body weight) (RiaSTAP®/CSL Behring)				
	Median doses were 504 mg fibrinogen concentrate				
	Control group: cryoprecipiate (10 mL/kg body weight)				
	Median doses were 402 mg cryoprecipitate				
Outcomes	<b>Primary outcome measures:</b> number of patients not receiving any allogeneic blood products (intraoperative until hospital discharge). Transfusional requirements were based on clinical judgement				
	<b>Secondary outcome measures:</b> haemostatic tests, length of ICU stay, clinical complications (renal failure, respiratory failure, sepsis, myocardial ischemias, stroke), transfusion requirements, mechanical ventilation free-days, length of hospital stay, vasopressors free-days, perioperative bleeding				
Notes	<b>Estimated enrolment:</b> 80 participants. Finished. Data submitted for publication. Abstract available International Symposium on Intensive Care and Emergency Medicine 2012				
	Collaborator: CSL Behring				
	Contacted 4 April 2012. Reply received 8 April 2012. No additional information provided				

## Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Not stated
Allocation concealment (selection bias)	Unclear risk	Not stated
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	Not stated



Galas 2012 (Continued)		
Selective reporting (reporting bias)	High risk	Inclusion criteria changed from < 18 years to < 15 years compared with trial registration (NCT01187225)
		"Reoperation due to bleeding" not stated as secondary outcome in trial registration (NCT01187225)
Other bias	Unclear risk	Sample size not stated, funding not stated, baseline imbalance not described
Blinding of participants and personnel (perfor- mance bias) All outcomes	High risk	Open-label study
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Not stated

## Karlsson 2009

Methods	Single-center parallel-group RCT, pilot study				
	<b>Funding:</b> The study was supported by the Swedish Heart & Lung Foundation, CSL Behring, Marburg, Germany, and Sahlgrenska University Hospital				
	Overall study quality: high risk of bias				
	<b>Sample size calculation:</b> pilot study: sample size was determined in agreement with the Regional Research Ethics Committee and the Swedish Medical Products Agency				
Participants	20 participants randomly assigned (10 in fibrinogen group)				
	Inclusion criteria: elective CABG patients with plasma fibrinogen < 3.8 g/L				
	<b>Exclusion criteria:</b> known kidney/liver disease, bleeding disorder and a surgical source of bleeding at acute re-exploration				
Interventions	Intervention: preoperative infusion of 2 g fibrinogen concentrate (Haemocomplettan, CSL Behring) Control: no treatment				
Outcomes	<b>Primary:</b> clinical adverse events and graft occlusion assessed by multi-slice computed tomography 3 to 4 days after surgery				
	<b>Secondary:</b> postoperative blood loss, blood transfusions, haemoglobin levels 24 hours after surgery, and global haemostasis assessed with thromboelastometry, 2 and 24 hours after surgery and clinical adverse events				
Notes	Country: Sweden				
	Letter to author 14 March 2012. Reply by phone 29 May 2012				
	Provided additional data on mortality (6 year follow-up), ICU stay, mechanical ventilation and length of stay				
	<b>Authors' conclusion:</b> "In summary, the results of this pilot study indicate that prophylactic treatment with fibrinogen concentrate in cardiac surgery patients is feasible and reduces postoperative bleeding. Further prospective, randomized, placebo-controlled studies with sufficient statistical power are necessary to ensure safety, confirm efficacy, and to determine cost-effectiveness of fibrinogen prophylaxis in cardiac surgery"				



## Karlsson 2009 (Continued)

### Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Shuffling of cards (additional information)
Allocation concealment (selection bias)	Low risk	Random assignment was conducted using unmarked envelopes
Incomplete outcome data (attrition bias) All outcomes	Low risk	No missing data. All 20 randomly assigned participants were described
Selective reporting (reporting bias)	Low risk	Protocol not available. Apparently free of selective reporting
Other bias	High risk	Unrestricted funding from CSL Behring. Apparently without baseline imbalance but with a very small sample size because it was a pilot study
Blinding of participants and personnel (perfor- mance bias) All outcomes	High risk	<b>Quote:</b> "Only the study coordinator was informed about group assignment, that is neither the operating surgeon, the operating room staff, anaesthesiologists nor the staff at the intensive care unit, was informed."
		Fibrinogen was administered after induction of anaesthesia as an infusion during 5 minutes in a central venous catheter line, meaning that anaesthetic personnel at the operation theatre were not completely blinded (additional information). Pharmacist randomly assigned and dispensed the medicine
Blinding of outcome assessment (detection bias) All outcomes	Low risk	<b>Blinding of postoperative bleeding:</b> This was assessed by ICU nurses, who were not informed of group assignment

## **Lance 2011**

Methods	Single-centre, parallel-group RCT		
	Funding: The study group received unrestricted grants from CSL Behring		
	Overall study quality: high risk of bias		
	Sample size calculation: yes, based on 10% reduction in blood loss		
Participants	52 participants randomly assigned, of which 43 received intervention (22 in fibrinogen group)		
	Patients with massive bleeding requiring less than 4 FFP were excluded after randomization		
	<b>Inclusion criteria:</b> Major surgery (cardiovascular, abdominal, and orthopaedic spine surgery) with expected duration of operation exceeding 120 minutes. Patients requiring massive transfusion (defined as "prolonged blood loss of > 150 ml/hour or > 1.5 ml/kg/20 min, or acute blood loss of > 700 ml a once") during or after surgery		
	<b>Exclusion criteria:</b> age younger than 18, active HIV infection, known coagulation abnormalities, deep hypothermia with circulatory arrest or preoperative need of transfusion		
Interventions	<b>Intervention:</b> haemostatic transfusion with 2 units FFP plus 2 g fibrinogen concentrate (Haemocomplettan®)		



Lanca	2011	(Continued)
ı ance	7111	(Continued)

Control: haemostatic transfusion with 4 units FFP

Haemostatic therapy to stop bleeding was started on the basis of clinical decision

Comment: 25 participants (13 in fibrinogen group and 12 in control group) received heparin (150 to 300 mg/kg) as the result of extracorporal circulation

Outcomes

According to protocol, primary outcome was blood loss: "Primary endpoint is the amount of blood loss (expressed in ml per time unit) and the further use of blood products. As secondary endpoints, the levels of thrombin generation and thromboelastografische provisions compared with conventional coagulation tests"

In article: bleeding arrest after intervention, fibrin clot formation (measured by whole-blood thromboe-lastometry and thrombin generation), adverse events

Participants were followed up to 30 days or at least until discharge

Notes

#### Country: the Netherlands

Letter to author 6 March 2012. Reply received 3 April 2012 and 22 June

**Authors' conclusion:** "In conclusion, this trial showed a similar effect of 2 g fibrinogen additive to 2 units FFP compared with transfusion of 4 units FFP on haemostasis. The transfused fibrinogen had an important contribution to fibrin clot formation in thromboelastometry analysis, while the transfused 4 units FFP more increased thrombin generation and fibrinogen levels remained lower. We hence postulate that transfused FFP and fibrinogen are both relevant for early haemostasis and that both should be combined in massive haemorrhage protocols. These results argue for a larger-scale follow-up study, where the effects are determined of supplementing fibrinogen concentrate together with a standard dose of FFP. Herein, a pro-haemostatic effect of fibrinogen is expected on top of the effect of normalization of other coagulation factors."

#### Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Shuffling of cards (additional information)
Allocation concealment (selection bias)	Low risk	Closed envelope method
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	No intention-to-treat analysis, 9/52 (17%) patients were excluded after randomization because an inadequate amount of FFP was transfused; no data available on these
Selective reporting (reporting bias)	High risk	In protocol, authors state blood loss and transfusions as primary outcome (with sample size calculated on reduction in blood loss). In publication, authors describe arrest of bleeding instead
Other bias	High risk	Two of authors (not primary author) hold an unrestricted grant from CSL Behring. Three persons from CSL Behring are acknowledged for "stimulating discussions". Sample size provided. Apparently without baseline imbalance but with no data on exclusions.
Blinding of participants and personnel (perfor-	High risk	Inclusion was based on clinical decision, with the attending anaesthesiologist not blinded to the study intervention
mance bias) All outcomes		(additional information): "Patients and surgeons were not aware of group. Only the attending anaesthesiologist received the products and transfused them- so she/he was aware of the treatment group, but lab-parameters were taken from



Lance 2011 (Continued)		researchers and worked up by analysts who did not know the groups. Registration of bleeding and further treatment was done by researchers"
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	See above

#### Rahe-Meyer 2013

Methods

Single-centre parallel-group RCT

Data from publication and additional information provided by authors

Funding: CSL Behring supported the trial

Overall study quality: high risk of bias

Sample size calculation: not stated

**Participants** 

61 randomly assigned, of which 29 received fibrinogen concentrate

#### **Inclusion criteria:**

Age > 18 years and elective thoracic or thoracoabdominal aortic replacement surgery involving cardiopulmonary bypass (CPB) (aortic valve operations with root/ascending aorta replacement (thoracic aortic aneurysm) with or without aortic bow replacements and thoracoabdominal replacements (thoracoabdominal aortic aneurysm)) and clinically relevant bleeding (defined as bleeding of 60 to 250 g into the surgical site within 5 minutes after CPB and completion of surgical haemostasis)

#### **Exclusion criteria:**

- Positive pregnancy test, pregnancy or lactation
- Women of childbearing age not using a medically approved method of contraception during the study
- Previous aortic replacement at the same aortic site (re-do surgeries)
- · Undergoing an emergency operation
- Proof or suspicion of a congenital or acquired coagulation disorder (e.g. VWD, via severe liver disease)
- Myocardial Infarction (MI) or apoplexy in the 2 months before study surgery
- ASA administration in the 3 days preceding study surgery, and a pathological (< 74.5 U) ASPI Multiplate® test immediately before surgery began
- Clopidogrel administration in the 5 days preceding study surgery, and a pathological (< 31.1 U) ADP/ PG Multiplate® test immediately before surgery began
- Tirofiban administration in the 2 days preceding study surgery, and a pathological (< 94.1 U) TRAP Multiplate® test immediately before surgery began
- Phenprocoumon administration in the 5 days preceding study surgery, and an INR > 1.28 immediately before surgery began
- Participation in another clinical study in the 4 weeks preceding aortic replacement
- Sensitivity to any of the components of study medication, or to MPs with a similar chemical structure to any of the components of study medication
- Any indication that the restrictions or procedures of the study may not be adhered to (e.g. an uncooperative attitude)
- Any indication that the study restrictions, procedures, or consequences therein have not been considered or understood, such that informed consent cannot be convincingly given
- Multiple morbidities, with a notably constrained remaining length of life

Interventions

**Intervention:** Fibrinogen concentrate (Haemocomplettan  $P^{\circ}$ /CSL Behring). Individualized dose using maximum amplitude of ROTEM/FIBTEM measurements before the end of CPB. Median dose given was 8 g (range, 3 to 12 g).



Rahe-Me	yer 2013	(Continued)
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Control: placebo (saline 0.9%) same volume

#### Outcomes

**Primary outcome:** total allogenic transfusion requirements in the 24 hours post administration phase

Transfusion therapy in both groups was guided by algorithm based on postoperative blood drainage and platelet count

## **Secondary outcomes:**

Intensive care length of stay, number of allogenic units transfused, mortality and adverse events and re-operation due to persistent bleeding

#### Notes

Country: Germany

Letter to author: sent 8 April 2012: reply with additional data received 18 April 2012

**Authors' conclusion:** "Hemostatic therapy with fibrinogen concentrate

in patients undergoing aortic surgery significantly reduced the transfusion of allogeneic blood products. Larger multicenter studies are necessary to confirm the role of fibrinogen concentrate in the management of perioperative bleeding in patients with life-threatening coagulopathy"

#### Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Computer generated. 1:1 with blocks of 4
Allocation concealment (selection bias)	Low risk	Closed opaque envelopes
Incomplete outcome data (attrition bias) All outcomes	Low risk	One participant in placebo/control group died before 24 hours and is not included in primary outcome analysis. One participant in fibrinogen group and 4 participants in control group did not have data on length of stay. Intention-to-treat analyses were used to assess adverse events
Selective reporting (reporting bias)	Low risk	Compared with clinical registration NCT00701142, apparently free of bias
Other bias	High risk	(Additional information provided by author): "CSL Behring funded the trial. Sponsor participated in study design but was not involved with data collection. Data analysis was performed independently by a contract research organization funded by the study sponsor. The sponsor paid for the services of biometrics service providers and medical writing support. The clinical study report was written by medical writing vendor funded by the sponsor." Apperently free of baseline imbalance
Blinding of participants and personnel (perfor- mance bias) All outcomes	Low risk	Randomization and dispensation of trial medication were performed by the local hospital pharmacy, and medication was delivered to the operation theatre in syringes blinded to personnel
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Only pharmacists dispensing the medicine and randomly assigning participants were unblinded and had no participant contact

## **Characteristics of excluded studies** [ordered by study ID]



Study	Reason for exclusion		
Bell 2010	Case report, obstetrical setting		
	Six cases characterized by significant (> 1500 mL) peripartum blood loss and severe acquired hypofibrinogenaemia. Patients were treated with fibrinogen concentrate (mean dose, 3.16 g) along with allogeneic blood products (PLT, FFP, RBC)		
	Findings: rapid normalization of coagulation parameters and improved haemorrhage		
	Reason for exclusion: non-RCT		
Danes 2008	Retrospective cohort study, non-controlled, single centre, mixed patient population		
	Patients given fibrinogen concentrate according to pharmacy-dispensing records were included, receiving a median dose of 4 $\rm g$		
	The cohort consisted of 69 participants suffering from various forms of acquired severe hypofibrinogenaemia with life-threatening consumptive thrombo-haemorrhagic disorders (surgery, trauma and digestive haemorrhage) (43 participants), or with underlying disease states that limit fibrinogen synthesis (hepatic dysfunction, haematological malignancies) (26 participants)		
	<b>Findings:</b> improved coagulation after treatment. Acute fibrinogen deficiency probably related to mortality		
	Reason for exclusion: non-RCT		
Glover 2010	Case report, obstetrical setting		
	One patient suffering major antenatal obstetrical haemorrhage with DIC and severe hypofibrinogenaemia. Treated with fibrinogen concentrate (4 g) in combination with RBC and FFP transfusion		
	<b>Findings:</b> Emphasis on early and timely monitoring of coagulation and rapid administration and availability of fibrinogen substitution		
	Reason for exclusion: non-RCT		
Guasch 2008	Prospective observational cohort, non-controlled (descriptive), single centre, obstetrical set- ting		
	124 women admitted for postpartum haemorrhage. Treatment was provided with RBCs (96.8%), prothrombin complex concentrate (7.25%), recombinant factor VIIa (3.2%) and fibrinogen concentrate (49.2%)		
	Findings: Use of fibrinogen concentrate is common and provides good results		
	Reason for exclusion: non-RCT		
Haas 2008	Retrospective non-controlled study, single centre, craniofacial surgery, children		
	Nine children undergoing major craniofacial surgery with massive blood loss. Thromboelastometry-guided assessment of coagulopathy and guided administration of fibrinogen concentrate (30 mg/kg)		
	<b>Findings:</b> no need for PLT and FFP. Fibrinogen concentrate effectively improved fibrinogen polymerisation and total cloth strength		
	Reason for exclusion: non-RCT		
Mittermayr 2007	Randomized clinical trial, placebo-controlled, single centre, orthopaedic spine surgery		
	Intervention: three groups receiving modified gelatin solution, hydroxyethyl starch 130/0.4 or Ringer lactate		



Study	Reason for exclusion		
	Fibrinogen concentrate (Hemocomplettan®) was administered (30 mg/kg) to all three groups when fibrin polymerisation was critically decreased as evaluated by thromboelastometry (ROTEM)		
	Population: 61 patients undergoing spine surgery of more than three segments with an expected duration of surgery of longer than 3 hours		
	Outcomes: allogeneic blood products transfused; estimated intraoperative blood loss; maximum clot firmness measured by FIBTEM		
	<b>Findings:</b> fibrin/fibrinogen polymerisation is disturbed because of dilution, especially in participants receiving hydroxyethyl starch 130/0.4. This effect may be reversed by fibrinogen concentrate		
	<b>Reason for exclusion:</b> Fibrinogen concentrate was not given in accordance with randomization. In this trial, it served as a rescue treatment to correct dilutional coagulopathy and was given to all three groups		
Morrison 2011	Case report, elective vascular surgery		
	Three patients undergoing elective type IV thoracoabdominal aortic aneurysm treatment. Patients were treated with continuous infusion of fibrinogen concentrate (mean dose, 13.3 g) guided by FIBTEM maximum clot firmness		
	Findings: despite blood loss of up to 11 L, no need for FFP and cryoprecipitate transfusion		
	Reason for exclusion: non-RCT		
Rahe-Meyer 2009	Prospective interventional cohort study non-randomized and non-blinded, single centre, elective aortic valve operation and ascending aorta replacement surgery		
	Fifteen participants included: standard treatment algorithm based on ROTEM (group with five participants) compared with a group receiving fibrinogen concentrate before standard treatment targeting ROTEM/FIBTEM CF > 22 mm (group with ten participants). Increased risk of all types of bias		
	<b>Findings:</b> FIBTEM-guided fibrinogen concentrate administration was associated with reduced transfusion requirements and 24 hour postoperative bleeding		
	Reason for exclusion: non-RCT		
Rahe-Meyer 2009a	Prospective interventional cohort study with a retrospective control group, single centre, elective thoracoabdominal aortic aneurysm surgery		
	Retrospective control group (12 participants) with perioperative clinically relevant diffuse bleeding after weaning from cardiopulmonary bypass treated with allogeneic blood products according to predetermined algorithm		
	Prospective intervention group (6 participants) treated with fibrinogen concentrate guided by thromboelastometry (ROTEM), in addition to the algorithm		
	<b>Findings:</b> administration of $7.8 \pm 2.7$ g of fibrinogen concentrate established haemostasis, completely avoiding intraoperative transfusion of FFP and PLT. Lower 24 hour drainage volume in fibrinogen group		
	Reason for exclusion: non-RCT		
Schöchl 2010a	Case report, trauma setting		
	A severely injured patient with multiple trauma with massive blood loss. Patient receiving haemostatic therapy with coagulation factor concentrates, guided by thromboelastometry (ROTEM) Initial therapy consisted of fibrinogen concentrate		
	<b>Findings:</b> suggest successful haemostatic treatment with fibrinogen concentrate and prothrombin complex concentrate, minimizing the need for allogeneic blood products		



Study	Reason for exclusion
	Reason for exclusion: non-RCT
Schöchl 2010b	Retrospective noncontrolled cohort study, single centre, trauma setting
	The cohort consists of 128 trauma patients receiving at least five units of RBC within the first 24 hours after arrival at trauma centre. Patients who died in the first hour after admission and patients who received no haemostatic therapy within the first 24 hours were excluded. Evaluation of goal-directed coagulation management using thromboelastometry (ROTEM) with guided administration of fibrinogen concentrate and prothrombin complex concentrate
	<b>Findings:</b> Thromboelastometry was rapid and reliable for diagnosing coagulopathy and guiding transfusion of concentrates. First-line fibrinogen concentrate and prothrombin complex concentrate seemed efficacious and quick to administer
	Reason for exclusion: non-RCT
Solomon 2010	Retrospective noncontrolled study, single centre, cardiovascular surgery
	Aimed to assess fibrinogen recovery parameters after administration of fibrinogen concentrate. 39 patients with diffuse bleeding in relation to cardiovascular surgery and treated with fibrinogen concentrate. Patients with concomitant administration of FFP or with non-elective or emergency intervention, age younger than 18 and terminal illness were excluded. Dosing of fibrinogen concertrate was guided by FIBTEM thromboelastometry
	<b>Findings:</b> Fibrinogen concentrate effectively increased plasma fibrinogen level. Suggests a favourable survival
	Reason for exclusion: non-RCT
Thorarinsdottir 2010	Retrospective non-controlled study, single centre, mixed patient population
	37 patients receiving fibrinogen concentrate were identified using hospital database. If repeated dosage was necessary as well as recombinant factor VIIa, patients were excluded. Fibrinogen was administered when standard treatment was deemed to have failed to control the bleeding, aiming to maintain fibrinogen level above 1.5 g/L
	<b>Findings:</b> Administration of fibrinogen in the context of severe haemorrhage was associated with increased fibrinogen concentration. A significant decrease in RBC transfusions was identified after fibrinogen administration (but no control group)
	Reason for exclusion: non-RCT
Weinkove 2007	Retrospective non-controlled cohort study, single centre, mixed patient population
	30 patients receiving fibrinogen concentrate in treatment of acquired hypofibrinogenaemia
	Findings: Fibrinogen concentrate is well suited for fibrinogen substitution
	Reason for exclusion: non-RCT

# **Characteristics of studies awaiting assessment** [ordered by study ID]

Gal	las	20	12	a

Methods

Participants

Interventions



Galas 2012a (Continued)	
Outcomes	
Notes	Need full paper review, but apparently secondary publication of Galas 2012
Rahe-Meyer 2011a	
Methods	
Participants	
Interventions	
Outcomes	
Notes	Need full paper review, but apparently not RCT
Rahe-Meyer 2012	
Methods	
Participants	
Interventions	
Outcomes	
Notes	Need full paper review, but apparently publication of Rahe-Meyer 2013
Rahe-Meyer 2013a	
Methods	
Participants	
Interventions	
Outcomes	
Notes	Need full paper review, but apparently secondary publication of Rahe-Meyer 2013
Solomon 2012	
Methods	
Participants	
Interventions	



## Solomon 2012 (Continued)

Outcomes

Notes Need full paper review, but apparently secondary publication of Rahe-Meyer 2013

# **Characteristics of ongoing studies** [ordered by study ID]

## **Fries 2011**

ries 2011			
Trial name or title	Fibrinogen Concentrate (FGTW) in Trauma Patients, Presumed to Bleed (FI in TIC)		
Methods	Randomized double-blind parallel-assigned multicentre clinical trial		
Participants	Inclusion criteria: adult trauma patients > 18 years, with major or occult bleeding, indicating shock and need of volume replacement therapy		
	<b>Exclusion criteria:</b> penetrating trauma. Solely head injury. Hemodynamic instability (patient has to be excluded if haemodynamic stabilisation (SBP below 90 mmHg and HR more than 100 per min) is not achieved after 15 minutes of resuscitation management in spite of volume therapy and administration of catecholamines). Patient with inevitable lethal course as evaluated by emergency physician. Need for CPR on the scene. Deep hypothermia (below 30°C). Obviously pregnant women. Known recent history of thromboembolic events within the last 6 months. Patients receiving anticoagulant therapy		
Interventions	<b>Intervention group:</b> infusion of 50 mg/kg body weight fibrinogen concentrate (FGTW/Clottafact®—LFB)—one vial for each 30 kg body weight, estimated by the emergency physician:		
	Body weight: < 30 kg/30 to 60 kg/60 to 90 kg/> 90 kg		
	No. of vials: 1 vial (100 mL)/2 vials (200 mL)/3 vials (300 mL)/4 vials (400 mL)		
	Fibrinogen (if applicable): 1.5 g/3 g/4.5 g/6 g		
	<b>Control group:</b> placebo (a buffer substance consisting of mannitol/sucrose/sodium chloride/polysorbate 80)		
	Infusion of one vial including 100 mL for each 30 kg body weight		
	The flow rate should not exceed 100 mL within 5 minutes		
Outcomes	<b>Primary outcome measure:</b> change in the fibrinogen polymerisation measured with FIBTEM® MCF at average 60 min (arrival at hospital) post infusion		
	Further measurements and investigations will be done until 7 days after the hospital admission and final at 30 days		
Starting date	October 2011		
Contact information	Pamela Schech, pamela.schech@i-med.ac.at		
Notes	Estimated enrolment: 60 participants, by 22 May, 6 participants included. The study is currently recruiting participants		
	Participating hospitals: (Austria) Medical University Innsbruck, Emergency Hospital Salzburg, PMU Salzburg, Regional Hospital Vöcklabruck, Medical University Graz		
	Contacted 3 April 2012 and again 22 May 2012; reply 22 May 2012		
	Funding: US Department of Defence. LFB provides medicine and placebo-drug together with unrestricted grant		



## Haas 2012

Trial name or title	Fibrinogen for Treatment of Pediatric Dilutional Coagulopathy: FibPaed Study		
Methods	Randomized single-blinded parallel-assigned single-centre clinical trial		
Participants	<b>Inclusion criteria:</b> children aged 6 months to 17 years scheduled for elective scoliosis surgery or major craniofacial surgery presenting with intraoperative hypofibrinogenaemia according to definition of treatment groups		
	<b>Exclusion criteria:</b> preexisting congenital or acquired coagulation disorder. Medical history of estimated increased bleeding tendency. Ongoing coagulation therapy. Clinical signs or diagnosis of acute thromboembolism. Intolerance of study drug. Pregnant or lactating women. Participation in another clinical trial		
Interventions	Intervention group: fibrinogen concentrate (Haemocomplettan P, CSL Behring, 30 mg/kg body weight) over 15 min		
	Repetition if hourly intraoperative ROTEM measurements revealed hypofibrinogenaemia according to treatment group definition (administration of fibrinogen concentrate if ROTEM FIBTEM revealed MCF < 13 mm)		
	<b>Control group:</b> fibrinogen concentrate (Haemocomplettan P, CSL Behring, 30 mg/kg body weight) over 15 min		
	Repetition if hourly intraoperative ROTEM measurements revealed hypofibrinogenaemia according to treatment group definition (administration of fibrinogen concentrate if ROTEM FIBTEM revealed MCF < 8 mm)		
Outcomes	<b>Primary outcome measures:</b> total amount of transfused red cell concentrate at 24 hours after start of surgery		
	<b>Secondary outcome measures:</b> coagulation measurements, length of stay on paediatric intensive care unit, additional transfusion/blood product requirements, occurrence of rebleeding, surgical revision, occurrence of (severe) adverse events		
Starting date	January 2012		
Contact information	Thorsten Haas, MD, thorsten.haas@kispi.uzh.ch		
Notes	Estimated enrolments: 60 participants. The study is currently recruiting participants		
	Collaborator/funding: independent		
	Contacted 4 April; reply 4 April 2012		
	Participating hospitals: (Switzerland) University Children's Hospital, Zurich		

#### Innerhofer 2012

Trial name or title	RETIC Trial: Reversal of Trauma Induced Coagulopathy Using Coagulation Factor Concentrates or Fresh Frozen Plasma	
Methods	Single-centre parallel open-label randomized trial	
Participants	Severely traumatized patients (ISS > 15) admitted to emergency department with obvious bleeding and/or at risk for significant haemorrhage will be screened by rotational thromboelastometry	



#### Innerhofer 2012 (Continued)

(ROTEM) assays during ED treatment and subsequent surgical/radiological interventions for having coagulopathy

#### **Inclusion criteria:**

- Male and female patients ≥ 18 years and ≤ 80 years
- Major trauma (ISS > 15)
- Clinical signs of ongoing bleeding or at risk for significant haemorrhage as assessed and judged by the ED team in charge of the patient
- Presence of coagulopathy defined by ROTEM assays as follows: patients with concomitant decreased fibrinogen polymerisation (ROTEM® FIBTEM A10 < 7 mm after 10 min). Patients with concomitant decreased coagulation factor levels (ROTEM® EXTEM CT > 90 s)

#### **Exclusion criteria:**

- Lethal injury
- · CPR on the scene
- · Isolated brain injury, burn injury
- Avalanche injury
- Administration of FFP or coagulation factor concentrates before ED admission
- Delayed (> 6 hours after trauma) admittance to ED
- · Known use of oral anticoagulants or platelet aggregation inhibitors within 5 days before injury
- Known history of severe allergic reaction to plasma products
- Known history of congenital haemostasis disturbance, IgA or protein C deficiency
- Patients with a history of thromboembolic events or heparin-induced thrombocytopenia (HIT) type 2 within the past year
- Patients with body weight < 45 kg and > 150 kg
- · Patients known to be pregnant
- Jehova's Witness
- Known participation in another clinical trial
- Patient with known refusal of participation in this clinical trial

#### Interventions

**Intervention group:** receives fibrinogen concentrate and/or prothrombin complex concentrate (PCC) and/or FXIII concentrate

If FIBTEM A10 < 7 mm: fibrinogen concentrate (RiaSTAP $^{\circ}$ /CLS Behring) dose at 50 mg/kg body weight intravenously as single dose or repeated, each single vial (1 g) over 5 min

If EXTEM CT > 90 s and FIBTEM A10 > 7 mm: prothrombin complex concentrate dose at 20 IE/kg body weight PCC intravenously as single dose or repeated, each single dose over 10 min

If FXIII decreases below 60% as detected by laboratory measurements: FXIII concentrate dose at 20 IU/kg body weight Fibrogammin® P administered with the second dose of fibrinogen concentrate (100 mg/kg) intravenously as single dose or repeated, each single dose over 10 min

Control group: fresh frozen plasma (FFP) blood type 0, A, B and AB

If FIBTEM A10 < 7 mm and/or EXTEM CT > 90 s: fresh frozen plasma dose of 15 mL/kg body weight intravenously as single dose or repeated, each single U (200 mL) over 5 min

Additional treatment/rescue treatment: Treatment failure will be registered if bleeding persists and ROTEM parameters do not improve after two times dosages of study drug. In these cases, haemostatic rescue therapy will be administered. CFC (fibrinogen concentrate and/or PCC, and/or FXIII concentrate) will be administered to participants randomly assigned to receive FFP, and FFP will be administered to participants in the CFC group. In cases unresponsive to comprehensive treatment or normal ROTEM combined with diffuse bleeding, other haemostatic medications can be administered (e.g. rFVIIa, DDAVP, VWF/FVIII concentrate) as judged by the anaesthetist in charge. The need for and type of any rescue therapy will be documented, and ROTEM will be performed thereafter



Innerhofer 2012 (Continued)	
Outcomes	Multiple organ failure (MOF) until 24 h on ICU
	Difference between treatment groups in MOF as assessed by the Sequential Organ Failure Assessment score (SOFA)
Starting date	March 2012
Contact information	Petra Innerhofer, MD, petra.innerhofer@uki.at
Notes	Estimated enrolment: 200 participants. The study is currently recruiting participants
	Participating hospital: University Hospital Innsbruck
	Contacted 3 April 2012; reply 3 April 2012
	Relation to the industry: independent

# Jeppsson 2010

Trial name or title	Fibrinogen and Bleeding After Cardiac Surgery (Fibro-3)		
Methods	Randomized double-blind placebo-controlled parallel-assigned single-centre study		
Participants	<b>Inclusion criteria:</b> adults 18 to 85 years eligible for first-time coronary artery bypass (CABG) surgery with a preoperative fibrinogen plasma concentration less than 3.8 g/L		
	<b>Exclusion criteria:</b> patients undergoing re-do surgery. Clinical or laboratory signs of bleeding disorder, liver disease or other significant disease/condition, which in the investigators' judgment interferes with haemostasis. Any medications with agents that may interfere with haemostasis within 14 days before study start. Clopidogrel and warfarin are withdrawn at least 24 hours before surgery. Oral aspirin is allowed as co-medication. Administration of other investigational drugs within eight weeks before the pre-entry examination. Pregnant or lactating women		
Interventions	Intervention group: fibrinogen concentrate 2 g (RiaSTAP®, CSL Behring) in 100 mL sterile water		
	Control group: (placebo) saline 100 mL		
	Administration during a period of 15 minutes after induction of anaesthesia and before start of surgery. Pharmacist randomly assigns and dispenses the medicine		
Outcomes	<b>Primary outcome measures:</b> to evaluate safety of prophylactic fibrinogen infusion in patients with fibrinogen levels in the lower normal range undergoing cardiac surgery (2 years' follow-up)		
	Blood loss at first 12 postoperative hours		
	<b>Secondary outcome measures:</b> transfusion requirements at 7 days. Biomarkers of coagulation, fibrinolysis and platelet function and pharmacoeconomic analysis		
Starting date	April 2009		
Contact information	Contact: Anders Jeppsson, MD, PhD, anders.jeppsson@vgregion.se		
Notes	Same group behind Karlsson 2009		
	Estimated enrolment: 60 participants. The study is currently recruiting participants		
	Contacted 14 March 2012 and again 22 May 2012; reply by phone 29 May 2012		
	Participating hospitals: Cardiothoracic Surgery Unit, Sahlgrenska University Hospital		



J	ep	psson	2010	(Continued)
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Funding/relation to the industry: independent

# Kwapisz 2012

Trial name or title	Prospective Double Blinded Randomized Control Study of the Use of Fibrinogen in High-Risk Cardiac Surgery		
Methods	Randomized double-blind placebo-controlled parallel-assigned single-centre study		
Participants	Inclusion criteria: adults, elective complex cardiac surgical procedures (double procedures re-do sternotomies, thoraco-abdominal aortic aneurysm, aortic root)		
	Participants will be randomly assigned after protamine administration. Surgeon and anaesthetist have to agree on diffuse, non-surgical bleeding		
	<b>Exclusion criteria:</b> any known congenital or preexisting bleeding disorder, preexisting abnormal fibrinogen level (normal: 1.8 to 4.7 g/L), severe liver disease (alanine aminotransferase or aspartate aminotransferase > 150 U/L), inability to provide informed consent, emergency surgery, pregnancy or nursing, younger than 18 years, intake of anti-platelet drugs within three days preoperatively (low-dose ASA is allowed), allergy to concentrated fibrinogen or other components in the product, anaemia (Hgb < 110), diagnosed deep vein thrombosis (DVT), pulmonary embolism, acute stroke		
Interventions	Intervention group: fibrinogen concentrate (Haemocomplettan P®/CSL Behring) infused according to a haemostatic algorithm based on FIBTEM (MCF, maximum clot firmness)		
	Control group: intravenous saline		
	All syringes and tubing will be covered. A study nurse who is not involved in treatment of the participant will prepare the syringes		
Outcomes	<b>Primary outcome measure:</b> the number of used blood products, including packed red cells, fresh frozen plasma, platelets and cryoprecipitate within 48 hours after surgery		
	<b>Secondary outcome measures:</b> (one-year follow-up) fibrinogen levels, TEG (R-value, K-value, angle), CVICU stay, hospital stay, in-hospital mortality, haemoglobin, adverse events (anaphylaxis, stroke, myocardial infarction, pulmonary embolism, and deep vein thromboembolism) and usage of factor VII concentrate and prothrombin complex concentrate		
Starting date	Not yet recruiting		
Contact information	Myron M Kwapisz, MD, myron.kwapisz@gmail.com, Heather E Mingo, RN, PhDc, heather.min-go@cdha.nshealth.ca		
Notes	Information is based on clinical trials registration and contact with authors		
	Estimated enrolment: 40 participants. Currently awaiting IRB approval		
	Participating hospital: Halifax, Nova Scotia, Canada, B3H3A7		
	Funding/relation to the industry: collaborates with CSL Behring		
	Contacted 20 March 2013; reply 22 March 2013		

# Nierich 2011

Trial name or title	Haemocomplettan® P During Elective Complex Cardiac Surgery	



lierich 2011 (Continued) Methods	Randomized double-blind parallel-assigned single-centre clinical trial	
Participants	Inclusion criteria: adults (> 18 years) undergoing elective complex cardiac surgery with clinically relevant non-surgical microvascular bleeding after removal of cardiopulmonary bypass.	
	<b>Exclusion criteria:</b> positive pregnancy test, pregnancy or lactation. Proof or suspicion of a congenital or acquired coagulation disorder. Emergency operation. Clopidogrel use in the 5 days preceding surgery. INR > 1.4 if on Coumadin	
Interventions	Intervention group: fibrinogen concentrate (Haemocomplettan P®/CSL Behring)	
	<b>Dose:</b> study medication will be individually determined on the basis of plasma fibrinogen concentrations (measured with Clauss method during the reperfusion period on CPB) and body weight. In travenous infusion within 10 minutes	
	Control group: human albumin with concentration 200 g/L	
	Study bottles of 50 mL will be diluted with saline and will contain 2 g in total. This concentration re sembles the total protein load in the bottles with Haemocomplettan® P	
Outcomes	<b>Primary outcome measure:</b> perioperative blood loss within 12 hours (measured as blood loss in mL between infusion of study medication and closure of chest)	
	<b>Secondary outcome measures:</b> postoperative blood loss (measured as blood loss at the ICU between closure of chest and 1st hour and 6th hour and after 24 hours). Postoperative transfusion requirements within 24 hours after closure of chest. Major clinical events: mortality at 30 days post-surgery, MACE (major adverse cardiac event), cerebrovascular accident/ transient ischaemic attack, renal insufficiency or failure, venous thromboembolism/pulmonary embolism, allergic or oth er systemic reaction to study medication	
Starting date	February 2011	
Contact information	Marga Hoogendoorn, MSc, m.e.hoogendoorn@isala.nl	
Notes	Estimated enrolment: 120 participants. The study is currently recruiting participants	
	Participating hospitals: (Netherlands) Isala Klinieken, Zwolle, Overijssel	
	Funding/relation to the industry: investigator initiated but receives study medication from industry	
	Contacted 4 April 2012 and again 22 May 2012; reply 22 May 2012	

# Nimmo 2009

Trial name or title	Fibrinogen as an Alternative to Fresh Frozen Plasma in Aortic Surgery	
Methods Randomized single-blinded parallel-assigned single-centre clinical trial		
Participants	Inclusion criteria: patients > 18 years undergoing elective thoracoabdominal aneurysm repair	
	<b>Exclusion criteria:</b> previous aortic surgery (re-do surgery). Emergency surgery. Pregnancy. Females of child-bearing age (younger than 45 years) not using medically approved method of contraception. Congenital or acquired coagulopathy. Known allergy to study drug	
Interventions	<b>Intervention group:</b> fibrinogen concentrate (Haemocomplettan P <sup>®</sup> /CSL Behring) administered initially at 2 g per hour by continuous infusion. This rate will be adjusted in response to the clinical picture and results of point-of-care coagulation tests. The infusion will be used intraoperatively	



limmo 2009 (Continued)	Control group: fresh frozen plasma (dose not described)	
Outcomes	<b>Primary outcome measures:</b> pattern of coagulation disturbance intraoperatively and up to 24 hours postoperatively	
	<b>Secondary outcome measures:</b> proportion of participants in the fibrinogen group requiring FFP during operation. Number of FFP units transfused — during surgery and up to 24 hours after surgery. Numbers of platelet and red blood cell units transfused — during surgery and up to 24 hours after surgery	
Starting date	October 2009	
Contact information	Alastair Nimmo, MBChB, a.nimmo@ed.ac.uk, University of Edinburgh	
Notes	Estimated enrolment: 20 participants. Apparently not yet recruiting but registered in 2009	
	Collaborators: NHS Lothian and CSL Behring	
	Participating hospitals: (United Kingdom) The Royal Infirmary of Edinburgh	
	Funding/relation to the industry: yes, collaborates with CSL Behring	
	Contacted 4 April 2012 and again 22 May 2012; no reply received	

### Ranucci 2011

Trial name or title	The ZEro PLASma Trial (ZEPLAST): Avoidance of Fresh Frozen Plasma in Cardiac Surgery
Methods	Prospective randomized double-blind comparative parallel-assigned single-centre clinical trial

## Participants Inclusion criteria:

- Combined cardiac operation with expected cardiopulmonary bypass(CPB) duration > 90 minutes
- At least one additional risk factor within the following: age > 65 years; non-elective surgery; serum creatinine > 1.36 mg/dL; re-do operation

## **Exclusion criteria:**

- Age < 18 years
- · Patients receiving thienopyridines
- · Known coagulopathy
- Known autoimmune disorders
- Participation in another RCT
- Pregnancy
- Emergency operation
- Baseline HCT < 35%
- Baseline antithrombin < 80%
- BSA < 1.7 m<sup>2</sup>

# Withdrawal/additional exclusion criterion (exclusion following randomization):

- Lowest HCT on CPB < 23%
- Transfusions during CPB

Participants randomly assigned and not withdrawn will be given the investigational/place drugs in accordance with allocation



Ranucci 2011 (Continued)		
	All participants randomly assigned and not withdrawn will be tested 20 minutes before removal of aortic cross-clamping with a thromboelastometric fibrinogen test ROTEM®/FIBTEM	
Interventions	<b>Intervention group:</b> fibrinogen concentrate (Haempcpmplettan P®/CSL Behring) and prothrombin complex concentrate (PCC) (Confidex®/CSL Behring)	
	<b>Dose fibrinogen:</b> According to the formula based on ROTEM $^{\circ}$ /FIBTEM test: (22 [mm] – MCF [mm]) * body weight [kg]/140 [m] = whole g fibrinogen	
	Co-intervention: After 15 min from study drug administration and in the presence of ongoing microvascular bleeding: ROTEM®/EXTEM - prolonged CT time (> 80 seconds): PCC at a weight-based dose of 7 U/kg body weight	
	Control group: (placebo) saline	
	Study drugs or placebo has to be administered after protamine	
Outcomes	<b>Primary outcome measures:</b> avoidance of allogeneic blood product transfusion within 30 days (packed red cells, FFP, platelet concentrates, cryoprecipitates)	
	Secondary outcome measures: reduction in allogeneic blood product transfusions within 30 days	
Starting date	November 2011	
Contact information	Marco Ranucci, MD, cardioanestesia@virgilio.it,	
Notes	Estimated enrolment: 120 participants. 16 included by 4 April 2012	
	Participating hospitals: (Italy) IRCCS Policlinico San Donato	
	Funding/relation to the industry: collaborates with CSL Behring	
	Contacted 4 April 2012; reply 4 April 2012	

# Sabate 2012

Trial name or title	The Efficacy of the Administration of Fibrinogen in Liver Transplantation (FibstudLT)
Methods	Randomized placebo-controlled double-blind parallel-assigned multi-centre clinical trial
Participants	<b>Inclusion criteria:</b> patients who are candidates for liver transplantation with a value of pretransplant plasma fibrinogen less than 2.9 g/L
	<b>Exclusion criteria:</b> Patients with a value of fibrinogen in the 24 hours before the intervention greater than 2.9 g/L, known history of thromboembolic events in 30 days, known or suspected pregnancy, previous randomization in this trial, known or suspected allergy to trial products or related products, known presence of congenital bleeding disorder, patients treated with aspirin or warfarin. The following indications for transplantation: familial polyneuropathy, acute liver failure, biliary cirrhosis and sclerosing cholangitis, Budd-Chiari syndrome. Heart beating donors and living donors
Interventions	<b>Intervention group:</b> fibrinogen concentrate (RiaSTAP®/CSL Behring) will be administered until an expected plasmatic value of 2.9 g/L is achieved: The dose calculated as 1 g of fibrinogen to obtain an increase in plasma fibrinogen value of 0.29 g/L to reach a final value of 2.9 g/L
	Control group: (placebo) saline in same volume
	Administration before surgery starts, intravenous infusion for 10 minutes



#### Sabate 2012 (Continued)

Outcomes
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**Primary outcome measures:** percentage of participants requiring transfusion of packed red blood cells during the procedure

**Secondary outcome measures:** Percentage of participants requiring intraoperative blood products other than red cell concentrates, number of units of fresh frozen plasma transfused during surgery, number of platelet units transfused during surgery, grams of fibrinogen administered during surgery, operative outcome until 4 weeks' follow-up, operative mortality, liver graft survival. Thrombotic complications of all types and causes. Liver transplantation outcome at follow-up 1 year

Starting date	March 2012	
Contact information	Antoni Sabate, MD, asabatep@bellvitgehospital.cat	
Notes	Estimated enrolment: 132 participants. The study is currently recruiting participants	
	Participating hospitals: (Spain) Hospital de Cruces, Bilbao, Vizcaya, Hospital Universitari de Bellvitge, Barcelona, Hospital Clinic, Barcelona, Hospital Virgen de la Arrixaca, Murcia, Hospital Virgen del Rocio, Sevilla	
	Funding/relation to the industry: independent of industry with institutional and governmental support	
	Contacted 4 April 2012; reply 20 April 2012	

#### Tanaka 2011

Trial name or title	RiaSTAP vs. Conventional Transfusion in Patients Having Heart Valve Surgery (RiaCT)
Methods	Randomized parallel-assigned single-centre clinical trial
Participants	Inclusion criteria: adults 18 to 85 years undergoing planned cardiopulmonary bypass (CPB) for combined coronary artery bypass grafting and valve replacement/repair surgery, single valve replacement surgery, mitral valve repair surgery or double valve surgery (aortic and mitral). Presence of clinically relevant microvascular bleeding after protamine administration
	Patients should fulfil the following parameters before the study intervention: body temperature > 35.0°C, blood pH > 7.2, Hb > 7.0 mg/dL, activated clotting time (ACT) < 155 seconds, CPB time > 60 minutes and evidence of significant microvascular bleeding
	Exclusion criteria: replacement of aorta, planned valve replacement without median sternotomy, previous valve replacement surgery (previous CABG acceptable), history or suspicion of a congenital or acquired coagulation disorder such as haemophilia, von Willebrand disease, and liver disease, haemodialysis dependent renal failure, liver dysfunction (aspartate aminotransferase (AST) or alanine aminotransferase (ALT) increased ≥ 2-fold above the upper limit of local laboratory normal ranges), known allergy/anaphylaxis to fibrinogen concentrate or apheresis platelet units, clopidogrel administration within 5 days of surgery, Coumadin (warfarin) administration within 5 days of surgery, participation in another clinical study in the 4 weeks preceding surgery, any indication that a potential participant did not comprehend the study restrictions, procedures, or consequences (therein an informed consent cannot be convincingly given), life expectancy less than 48 hours
Interventions	Intervention group: fibrinogen concentrate (RiaSTAP®/CSL Behring) 4 g IV
	Control group: a single apheresis platelet unit
	Administration within 30 minutes of ACT < 155 seconds and post CPB



Tana	ka 2011 (	(Continued)

Outcomes	<b>Primary outcome measures:</b> pattern of coagulation disturbance intraoperatively and up to 24 hours postoperatively
	<b>Secondary outcome measures:</b> proportion requiring FFP or platelets during or after surgery. Number of FFP, RBC and platelet units transfused during surgery and up to 24 hours after surgery and intraoperative blood loss
Starting date	January 2011
Contact information	Kathy F Egan, BSN, RN, kfegan@emory.edu
Notes	Estimated enrolment: 60 participants. The study is currently recruiting participants, 14 included by 4 April
	Participating hospitals: (United States) Emory University Hospital, Atlanta, Georgia
	Funding/relation to industry: collaborates with CSL Behring
	Contacted 4 April 2012; reply received 4 April 2012

# Wikkelsoe 2011

Trial name or title	Fibrinogen Concentrate as Initial Treatment for Postpartum Haemorrhage: A Randomized Clinically Controlled Trial (FIB-PPH)
Methods	Randomized placebo-controlled double-blind parallel-assigned multi-centre clinical trial
Participants	Inclusion criteria: parturients > 18 years developing postpartum haemorrhage (PPH), defined as bleeding from uterus and/or the birth canal within 24 hours postpartum. If vaginal birth: indication of one of the following procedures at the operation theatre with anaesthetic assistance: (a) estimated blood loss ≥ 500 mL and indication of manual removal of placenta or (b) indication of manual exploration of the uterus due to continuous bleeding after the birth of placenta. If birth by caesarean section: perioperative blood loss ≥ 1000 mL
	<b>Exclusion criteria:</b> known inherited deficiencies of coagulation, anti-thrombotic treatment prepartum due to increased risk of thrombosis, patients with a prepregnancy body weight < 45 kg. Refuse to receive blood transfusion
Interventions	<b>Intervention group:</b> intravenous administration of 2 g fibrinogen concentrate (Haemocomplettan, CSL Behring)
	Control group: intravenous administration of isotonic saline in equivalent volume: 100 mL
Outcomes	<b>Primary outcome measures:</b> incidence of transfusion with allogenic blood products during hospital stay or until 6 weeks postintervention
	<b>Secondary outcome measures:</b> severe PPH, defined as: "Decrease of haemoglobin (Hb) of > 2.5 mmol/L, transfusion of at least 4 red blood cell (RBC) units, haemostatic intervention (angiographic embolization, surgical arterial ligation or hysterectomy) or death, Estimated blood loss, total amount of blood transfused, the development of re-bleeding defined as bleeding re-occurring after primary haemostasis and requiring surgical procedures or intervention, haemoglobin level below 3,6 mmol/L." Side effects including thromboembolic complications (Safety measures/Potential known side effects): fever, headache, nausea, vomiting, allergic reactions, anaphylaxis and thromboembolic complications (deep venous thrombosis, acute myocardial infarct and lung embolus). All suspected unexpected serious adverse reactions will also be reported in accordance with the Good Clinical Practice (GCP) and the Danish Medicines Agency guidelines on follow-up until 6 weeks postintervention



Wikkelsoe 2011 (Continued)	
Starting date	May 2011
Contact information	Anne Juul Wikkelsoe, MD, wikkelso@gmail.com
Notes	Estimated enrolment: 245 participants. Completed. No data available yet (August 2013).
	Participating hospitals: (Denmark)
	Rigshospitalet, Copenhagen University Hospital Denmark, Herlev Hospital, Copenhagen University Hospital, Hillerød Hospital, Copenhagen University Hospital, Hillerød Hospital, Copenhagen University Hospital
	Funding/relation to industry: independent
	Collaborators: Haemonetics Corporation (provides TEG® assays)

## DATA AND ANALYSES

# Comparison 1. Fibrinogen concentrate versus any comparator

Outcome or subgroup title	No. of studies	No. of partici- pants	Statistical method	Effect size
1 Mortality longest follow-up	2		Risk Ratio (M-H, Fixed, 95% CI)	Subtotals only
2 ICU stay (hours)	3	112	Mean Difference (IV, Fixed, 95% CI)	-9.87 [-20.67, 0.93]
3 Duration of mechanical ventilation (hours)	2	51	Mean Difference (IV, Random, 95% CI)	-27.29 [-89.73, 35.16]
4 Stay in hospital (days)	3	107	Mean Difference (IV, Random, 95% CI)	-2.28 [-7.04, 2.48]
5 Incidence of allogenic blood transfusion (types of comparison)	5	207	Risk Ratio (M-H, Random, 95% CI)	0.47 [0.31, 0.72]
5.1 Fibrinogen versus placebo/no treatment	2	40	Risk Ratio (M-H, Random, 95% CI)	0.27 [0.09, 0.80]
5.2 Fibrinogen versus FFP/cryoprecipitate	1	63	Risk Ratio (M-H, Random, 95% CI)	0.29 [0.15, 0.56]
5.3 Fibrinogen in combination with FFP versus placebo/no treatment/usual treatment	1	43	Risk Ratio (M-H, Random, 95% CI)	0.78 [0.41, 1.49]
5.4 Fibrinogen as part of transfusion algorithm versus placebo or no treatment	1	61	Risk Ratio (M-H, Random, 95% CI)	0.56 [0.40, 0.77]
6 Incidence of allogenic blood transfusion (cardiac vs non-cardiac)	5	207	Risk Ratio (M-H, Random, 95% CI)	0.47 [0.31, 0.72]



Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
6.1 Cardiac surgery	3	144	Risk Ratio (M-H, Random, 95% CI)	0.42 [0.24, 0.76]
6.2 Non-cardiac surgery	2	63	Risk Ratio (M-H, Random, 95% CI)	0.50 [0.17, 1.53]
7 Incidence of allogenic blood transfusion (pediatric vs adult)	5	207	Risk Ratio (M-H, Random, 95% CI)	0.47 [0.31, 0.72]
7.1 Paediatric studies	1	63	Risk Ratio (M-H, Random, 95% CI)	0.29 [0.15, 0.56]
7.2 Adult studies	4	144	Risk Ratio (M-H, Random, 95% CI)	0.57 [0.43, 0.75]
8 Incidence of allogenic blood trans- fusion (high dose > 50 mg/kg vs low dose)	5	207	Risk Ratio (M-H, Random, 95% CI)	0.47 [0.31, 0.72]
8.1 High-dose studies (> 50 mg/kg)	2	124	Risk Ratio (M-H, Random, 95% CI)	0.42 [0.21, 0.86]
8.2 Low-dose studies (≤ 50 mg/kg)	3	83	Risk Ratio (M-H, Random, 95% CI)	0.51 [0.23, 1.14]
9 Re-operation due to persistent bleeding	2	124	Risk Ratio (M-H, Random, 95% CI)	0.68 [0.01, 36.71]
10 Incidence of RBC transfusion longest follow-up	2	92	Risk Ratio (M-H, Random, 95% CI)	0.81 [0.32, 2.02]
11 Thrombotic episodes (arterial and venous graft occlusion, pulmonary embolus, deep venous thrombosis)	3	124	Risk Ratio (M-H, Fixed, 95% CI)	1.03 [0.27, 3.97]
12 Complications not specific to trial intervention (pleural effusion, abdominal ischaemia and other serious adverse events)	2	104	Risk Ratio (M-H, Fixed, 95% CI)	1.25 [0.45, 3.44]
13 Blood loss/drainage, longest fol- low-up	2	51	Mean Difference (IV, Random, 95% CI)	-89.37 [-406.05, 227.32]
14 Blood loss/Drainage (24 hours) mL/kg/h	2	92	Mean Difference (IV, Random, 95% CI)	-32.34 [-176.45, 111.76]

# Analysis 1.1. Comparison 1 Fibrinogen concentrate versus any comparator, Outcome 1 Mortality longest follow-up.

Study or subgroup	Fibrinogen	Control			Risk Ratio	•		Weight	Risk Ratio
	n/N	n/N		М-Н	, Fixed, 95	5% CI			M-H, Fixed, 95% CI
Karlsson 2009	0/10	0/10							Not estimable
	F	avours fibrinogen	0.01	0.1	1	10	100	Favours control	



Study or subgroup	Fibrinogen n/N	Control n/N		Risk Ratio M-H, Fixed, 95% CI				Weight	Risk Ratio M-H, Fixed, 95% CI
Rahe-Meyer 2013	1/29	4/32		-		1		0%	0.28[0.03,2.33]
	Fa	vours fibrinogen	0.01	0.1	1	10	100	Favours control	

Analysis 1.2. Comparison 1 Fibrinogen concentrate versus any comparator, Outcome 2 ICU stay (hours).

Study or subgroup	Fib	rinogen	c	ontrol		Ме	an Difference	•		Weight	Mean Difference	
	N	N Mean(SD)		N Mean(SD)		Fixed, 95% CI					Fixed, 95% CI	
Cui 2010	17	137 (40.4)	14	173.1 (251.5)	_		•	_		0.66%	-36.1[-169.22,97.02]	
Karlsson 2009	10	13.7 (7.8)	10	24.9 (17.1)			-			86%	-11.2[-22.84,0.44]	
Rahe-Meyer 2013	29	45.6 (69.3)	32	45.6 (44.4)			+			13.34%	0[-29.56,29.56]	
Total ***	56		56				•			100%	-9.87[-20.67,0.93]	
Heterogeneity: Tau <sup>2</sup> =0; Chi <sup>2</sup> =0	0.63, df=2(P=0.7	3); I <sup>2</sup> =0%										
Test for overall effect: Z=1.79(	(P=0.07)				1							
			Favoi	urs fibrinogen	-200	-100	0	100	200	Favours control		

Analysis 1.3. Comparison 1 Fibrinogen concentrate versus any comparator, Outcome 3 Duration of mechanical ventilation (hours).

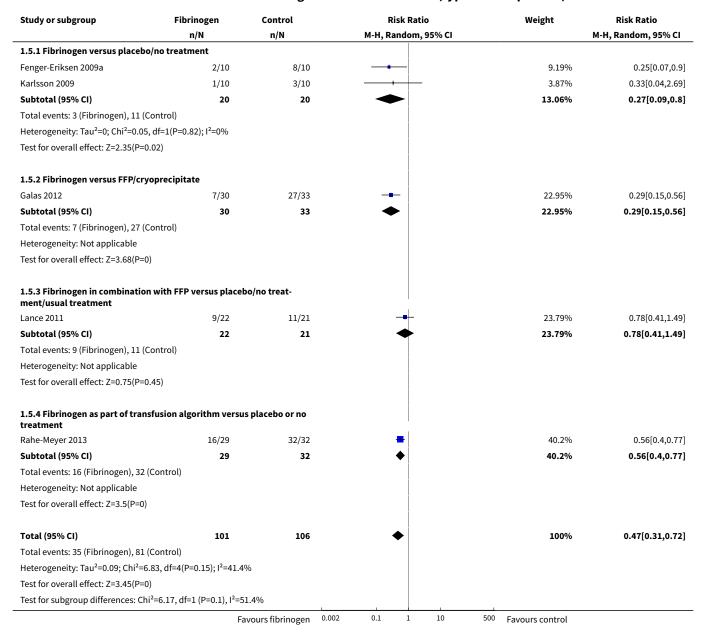
Study or subgroup	Fib	rinogen	c	Control		Ме	an Difference		Weight	Mean Difference
	N	Mean(SD)	N	Mean(SD)		Ra	ndom, 95% CI			Random, 95% CI
Cui 2010	17	40 (36.7)	14	106.5 (105.1)			-		39.76%	-66.5[-124.25,-8.75]
Karlsson 2009	10	3.2 (1.2)	10	4.6 (2.3)			•		60.24%	-1.4[-3.03,0.23]
Total ***	27		24				•		100%	-27.29[-89.73,35.16]
Heterogeneity: Tau <sup>2</sup> =1684.54; Ch	ni²=4.88, df=1	(P=0.03); I <sup>2</sup> =79.5	%							
Test for overall effect: Z=0.86(P=	0.39)									
			Favoi	urs fibrinogen	-1000	-500	0 500	1000	Favours cor	ntrol

Analysis 1.4. Comparison 1 Fibrinogen concentrate versus any comparator, Outcome 4 Stay in hospital (days).

Study or subgroup	Fib	rinogen	c	Control		Me	an Difference			Weight	Mean Difference
	N	Mean(SD)	N	Mean(SD)		Ra	ndom, 95% CI				Random, 95% CI
Cui 2010	17	21 (10.7)	14	32 (11.9)			-			19.89%	-11[-19.04,-2.96]
Karlsson 2009	10	6 (1.8)	10	5 (0.9)			•			44.55%	1[-0.24,2.24]
Rahe-Meyer 2013	28	14 (7.8)	28	15.5 (6.7)			+			35.56%	-1.5[-5.29,2.29]
Total ***	55		52				•			100%	-2.28[-7.04,2.48]
Heterogeneity: Tau <sup>2</sup> =12.84; C	hi <sup>2</sup> =9.56, df=2(P	=0.01); I <sup>2</sup> =79.08%	б								
Test for overall effect: Z=0.94	(P=0.35)										
			Favo	urs fibrinogen	-100	-50	0	50	100	Favours control	



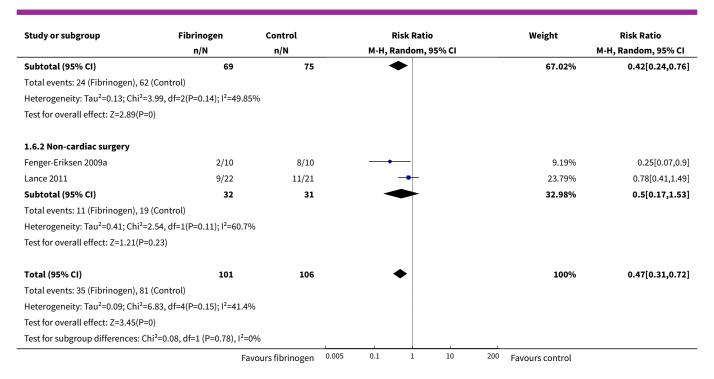
Analysis 1.5. Comparison 1 Fibrinogen concentrate versus any comparator, Outcome 5 Incidence of allogenic blood transfusion (types of comparison).



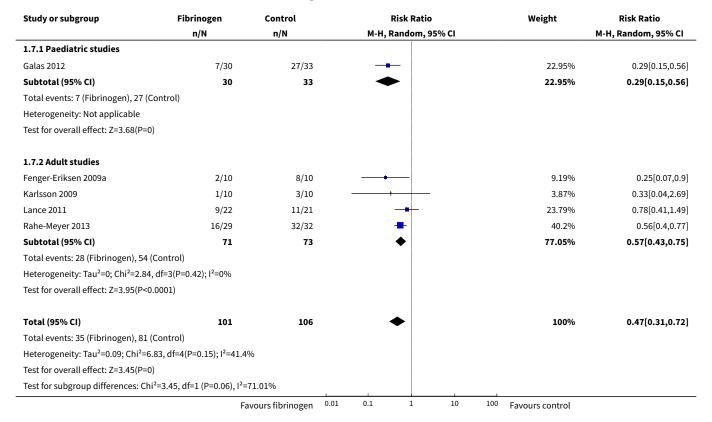
Analysis 1.6. Comparison 1 Fibrinogen concentrate versus any comparator, Outcome 6 Incidence of allogenic blood transfusion (cardiac vs non-cardiac).

Study or subgroup	Fibrinogen	Control		Risk Ratio				Weight	Risk Ratio
	n/N	n/N		M-H, Rand	dom, 9	5% CI			M-H, Random, 95% CI
1.6.1 Cardiac surgery									
Galas 2012	7/30	27/33						22.95%	0.29[0.15,0.56]
Karlsson 2009	1/10	3/10		+	-			3.87%	0.33[0.04,2.69]
Rahe-Meyer 2013	16/29	32/32		•	-			40.2%	0.56[0.4,0.77]
	Fa	avours fibrinogen	0.005	0.1	1	10	200	Favours control	





Analysis 1.7. Comparison 1 Fibrinogen concentrate versus any comparator, Outcome 7 Incidence of allogenic blood transfusion (pediatric vs adult).





Analysis 1.8. Comparison 1 Fibrinogen concentrate versus any comparator, Outcome 8 Incidence of allogenic blood transfusion (high dose > 50 mg/kg vs low dose).

Study or subgroup	Fibrinogen	Control	Risk Ratio	Weight	Risk Ratio
	n/N	n/N	M-H, Random, 95% CI		M-H, Random, 95% CI
1.8.1 High-dose studies (> 50 m	g/kg)				
Galas 2012	7/30	27/33	<del></del>	22.95%	0.29[0.15,0.56]
Rahe-Meyer 2013	16/29	32/32	-	40.2%	0.56[0.4,0.77]
Subtotal (95% CI)	59	65	•	63.15%	0.42[0.21,0.86]
Total events: 23 (Fibrinogen), 59	(Control)				
Heterogeneity: Tau <sup>2</sup> =0.2; Chi <sup>2</sup> =3.	8, df=1(P=0.05); I <sup>2</sup> =73.66%	6			
Test for overall effect: Z=2.37(P=0	0.02)				
1.8.2 Low-dose studies (≤ 50 m	g/kg)				
Fenger-Eriksen 2009a	2/10	8/10		9.19%	0.25[0.07,0.9]
Karlsson 2009	1/10	3/10	<del></del>	3.87%	0.33[0.04,2.69]
Lance 2011	9/22	11/21	<del></del>	23.79%	0.78[0.41,1.49]
Subtotal (95% CI)	42	41		36.85%	0.51[0.23,1.14]
Total events: 12 (Fibrinogen), 22	(Control)				
Heterogeneity: Tau <sup>2</sup> =0.18; Chi <sup>2</sup> =2	2.9, df=2(P=0.23); I <sup>2</sup> =31.01	%			
Test for overall effect: Z=1.65(P=0	0.1)				
Total (95% CI)	101	106	•	100%	0.47[0.31,0.72]
Total events: 35 (Fibrinogen), 81	(Control)		İ		
Heterogeneity: Tau <sup>2</sup> =0.09; Chi <sup>2</sup> =6	5.83, df=4(P=0.15); l <sup>2</sup> =41.4	%	İ		
Test for overall effect: Z=3.45(P=0	0)		į		
Test for subgroup differences: Ch	ni <sup>2</sup> =0.12, df=1 (P=0.73), I <sup>2</sup> =	0%	į		

Analysis 1.9. Comparison 1 Fibrinogen concentrate versus any comparator, Outcome 9 Re-operation due to persistent bleeding.

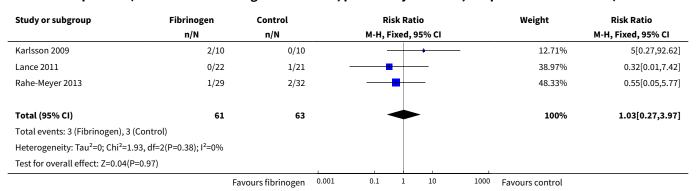
Study or subgroup	Fibrinogen	Control		Ris	k Ratio		Weight	Risk Ratio
	n/N	n/N		M-H, Ran	dom, 95%	CI		M-H, Random, 95% CI
Galas 2012	0/30	6/33	_	•	+		47.27%	0.08[0,1.44]
Rahe-Meyer 2013	4/29	1/32		-	-		52.73%	4.41[0.52,37.25]
Total (95% CI)	59	65				_	100%	0.68[0.01,36.71]
Total events: 4 (Fibrinogen), 7 (	(Control)							
Heterogeneity: Tau <sup>2</sup> =6.67; Chi <sup>2</sup> :	=5.07, df=1(P=0.02); I <sup>2</sup> =80.2	8%						
Test for overall effect: Z=0.19(P	=0.85)					L		
	Fa	vours fibrinogen	0.001	0.1	1 10	1000	Favours control	



# Analysis 1.10. Comparison 1 Fibrinogen concentrate versus any comparator, Outcome 10 Incidence of RBC transfusion longest follow-up.

Study or subgroup	Fibrinogen	Control		Risk Ratio				Weight	Risk Ratio
	n/N	n/N		М-Н,	Random, 95%	CI			M-H, Random, 95% CI
Cui 2010	14/17	9/14			-			49.69%	1.28[0.82,2.01]
Rahe-Meyer 2013	13/29	28/32			-			50.31%	0.51[0.34,0.78]
Total (95% CI)	46	46			•			100%	0.81[0.32,2.02]
Total events: 27 (Fibrinogen),	37 (Control)								
Heterogeneity: Tau <sup>2</sup> =0.39; Chi	<sup>2</sup> =8.82, df=1(P=0); I <sup>2</sup> =88.66%								
Test for overall effect: Z=0.46(	P=0.65)								
	Fa	vours fibrinogen	0.01	0.1	1	10	100	Favours control	

Analysis 1.11. Comparison 1 Fibrinogen concentrate versus any comparator, Outcome 11 Thrombotic episodes (arterial and venous graft occlusion, pulmonary embolus, deep venous thrombosis).



Analysis 1.12. Comparison 1 Fibrinogen concentrate versus any comparator, Outcome 12 Complications not specific to trial intervention (pleural effusion, abdominal ischaemia and other serious adverse events).

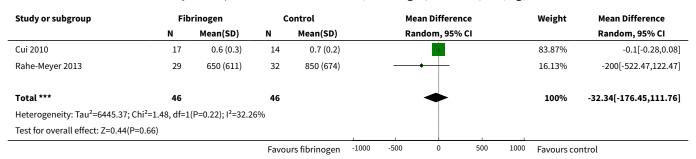
Study or subgroup	Fibrinogen	Control		Ri	isk Ratio	)		Weight	Risk Ratio
	n/N	n/N		М-Н, Г	ixed, 95	5% CI			M-H, Fixed, 95% CI
Lance 2011	2/22	1/21		_	+			17.71%	1.91[0.19,19.52]
Rahe-Meyer 2013	5/29	5/32			+			82.29%	1.1[0.36,3.43]
Total (95% CI)	51	53			•			100%	1.25[0.45,3.44]
Total events: 7 (Fibrinogen), 6	(Control)								
Heterogeneity: Tau <sup>2</sup> =0; Chi <sup>2</sup> =0	0.17, df=1(P=0.68); I <sup>2</sup> =0%								
Test for overall effect: Z=0.43(	P=0.67)		0	1					
	Fa	avours fibrinogen	0.002	0.1	1	10	500	Favours control	



# Analysis 1.13. Comparison 1 Fibrinogen concentrate versus any comparator, Outcome 13 Blood loss/drainage, longest follow-up.

Study or subgroup	Fib	rinogen	c	Control		Mea	an Difference			Weight	Mean Difference
	N	Mean(SD)	N	Mean(SD)		Rar	ndom, 95% CI				Random, 95% CI
Cui 2010	17	213.4 (67.7)	14	154.1 (76)						54.16%	59.28[8.09,110.47]
Karlsson 2009	10	565 (150)	10	830 (268)		-	<b></b>			45.84%	-265[-455.35,-74.65]
Total ***	27		24			4				100%	-89.37[-406.05,227.32]
Heterogeneity: Tau <sup>2</sup> =47521.54	; Chi²=10.4, df=	1(P=0); I <sup>2</sup> =90.389	6				İ				
Test for overall effect: Z=0.55(F	P=0.58)										
			Favoi	urs fibrinogen	-1000	-500	0	500	1000	Favours co	ontrol

# Analysis 1.14. Comparison 1 Fibrinogen concentrate versus any comparator, Outcome 14 Blood loss/Drainage (24 hours) mL/kg/h.



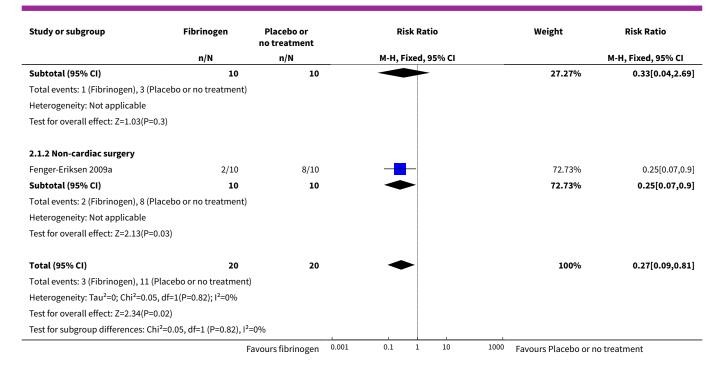
# Comparison 2. Fibrinogen versus placebo or no treatment

Outcome or subgroup title	No. of studies	No. of partici- pants	Statistical method	Effect size
1 Incidence of allogenic blood trans- fusion (cardiac vs non-cardiac)	2	40	Risk Ratio (M-H, Fixed, 95% CI)	0.27 [0.09, 0.81]
1.1 Cardiac surgery	1	20	Risk Ratio (M-H, Fixed, 95% CI)	0.33 [0.04, 2.69]
1.2 Non-cardiac surgery	1	20	Risk Ratio (M-H, Fixed, 95% CI)	0.25 [0.07, 0.90]

# Analysis 2.1. Comparison 2 Fibrinogen versus placebo or no treatment, Outcome 1 Incidence of allogenic blood transfusion (cardiac vs non-cardiac).

Study or subgroup	Fibrinogen	Placebo or no treatment		Risk Rati	io		Weight	Risk Ratio
	n/N	n/N		M-H, Fixed, 9	5% CI			M-H, Fixed, 95% CI
2.1.1 Cardiac surgery								
Karlsson 2009	1/10	3/10			1	1	27.27%	0.33[0.04,2.69]
	Fa	avours fibrinogen	0.001	0.1 1	10	1000	Favours Placebo or n	no treatment





## APPENDICES

## **Appendix 1. Search strategies**

## Search strategy for CENTRAL, the Cochrane Library

#1 MeSH descriptor: [Fibrin Tissue Adhesive] explode all trees

#2 MeSH descriptor: [Fibrinogen] this term only

#3 (fibrinogen?concentrate or fibrin\*):ti,ab

#4 #1 or #2 or #3

#5 MeSH descriptor: [Hemorrhage] this term only

#6 MeSH descriptor: [Afibrinogenemia] explode all trees

#7 (hypofibrinogen?em\* or bleeding):ti,ab

#8 #5 or #6 or #7

#9 #4 and #8

#### **Ovid MEDLINE search strategy**

- 1. Fibrin Tissue Adhesive/ or exp Fibrinogen/
- 2. fibrinogen-concentrate.mp. or fibrin\*.ti,ab.
- 3. 1 or 2
- 4. exp Hemorrhage/ or Afibrinogenemia/
- (hypofibrinogen?em\* or bleeding).mp.
- 6. 4 or 5
- 7. 3 and 6
- 8. ((randomized controlled trial or controlled clinical trial).pt. or randomized.ab. or placebo.ab. or clinical trials as topic.sh. or randomly.ab. or trial.ti.) not (animals not (humans and animals)).sh.
- 9. 7 and 8

# Ovid EMBASE search strategy

- 1. fibrin glue/ or fibrinogen/ or fibrinogen-concentrate.mp. or fibrin\*.ti,ab.
- 2. bleeding/ or afibrinogenemia/ or (hypofibrinogen?em\* or bleeding).ti,ab.
- 3.1 and 2
- 4. ((controlled adj2 (study or trial\*)) or random\* or multicentre or prospective).ti,ab.
- 5. 3 and 4



#### CINAHL (EBSCO host) search strategy

S1 ( (MH "Fibrin Tissue Adhesive") OR (MH "Fibrinogen") ) OR fibrinogen-concentrate OR TI fibrin\* OR AB fibrin\* S2 ( (MH "Hemorrhage") OR (MM "Afibrinogenemia") ) OR AB ( hypofibrinogen?em\* or bleeding ) S3 S1 and S2

#### **ISI Web of Science search strategy**

#1 TS=(fibrin tissue adhesive) or TS=(fibrinogen SAME concentrate) or TI= fibrin\*

#2 TS=(hemorrhage or afibrinogen?em\* or hypofibrinogen?em\* or bleeding)

#3 #1 and #2

#4 TS=(random\* or placebo\*) or TS=(controled SAME (stud\* or trial\*)) or TS=((blind\* or mask\*) SAME (single or double or triple)) or TS=(multicenter\* or prospective)

#5 #4 and #3

## Search strategy for LILACS (BIREME interface)

("fibrin\$" and ("adhesiv\$" or "concentrate")) and ("hemorragia" or "hemorrhage" or "afibrinogenem\$" or "afibrinogenaem\$" or "hypofibrinogenaem\$" or "bleeding" or "sangradura")

### Appendix 2. Data extraction form

Study Selection, Quality Assessment & Data Extraction Form

First author Jou	rnal/Conference proceedings, etc		Year
Study eligibility			
RCT/Quasi/CCT (delete as appropriate	Relevant participants	Relevant interventions	Relevant outcomes
Yes/No/Unclear	Yes/No/Unclear	Yes/No/Unclear	Yes/No*/Unclear
*Issue relates to selective reporting www.within the paper(s). Review authors			
exclusion from publication. Study she after three attempts, study should the		ng assessment' until clarifie	d. If no clarification is received
. , .			
Do not proceed if any of the above ans	wers are 'No' If study to be includ	ed in 'Excluded studies' sectio	n of the review record below
the information to be inserted into 'Ta		ad III Excluded Studies Seedie	n or the review, record below



#### Freehand space for comments on study design and treatment:

#### References to trial

Check other references identified in searches. If further references to this trial are included, link the papers now and list below. All references to a trial should be linked under one *Study ID* in RevMan.

A The paper listed above  B Further papers	Code each paper	Author(s)	Journal/Conference proceedings, etc	Year
B Further papers	A	The paper listed above		
	В	Further papers		

Participants and trial characteristics

Participant characteristics
-----------------------------

i ai dicipante characteriotico	
	Further details
Age (mean, median, range, etc)	
Sex of participants (numbers/%, etc)	
Disease status/type, etc (if applicable)	

Patients **treated with plasma expanders (colloids) before intervention** (Treatment is defined as a methodical prespecified and clinically evaluated level of haemodilution)

Clinical setting: (mark with an X) Cardiac

Non-cardiac

Emergency (surgery that should be performed within 24 hours after meeting the indication for surgery)

Trauma

Obstetrics

Paediatrics (age younger than 18 years, neonates not includ-

ed)

Neonates (born preterm)

Critically ill (sepsis, septic shock, DIC)

Other



Library	Trusted evidence. Informed decisions. Better health.	Cochrane Databa
(Continued)		

Trial characteristics

Other

See Appendix 1, usually just completed by one review author

Methodological quality

We recommend you refer to and use the method described by Juni ( $\mathbf{Juni~2001}$ )

Allocation of intervention (adequate sequence generation?)		
State here method used to generate allocation and reasons for grading	Grade (circle)	
	Adequate (random) (yes)	
	Inadequate (e.g. alternate) (no)	
	Unclear	

Concealment of allocation (allocation concealment?)	
Process used to prevent foreknowledge of group assignment in an RCT	, which should be seen as distinct from blinding
State here method used to conceal allocation and reasons for grading	Grade (circle)
	Adequate (yes)
	Inadequate (no)
	Unclear

Blinding (blinding?)	
Person responsible for participants' care	Yes/No
Participant	Yes/No
Outcome assessor	Yes/No
Other (please specify)	Yes/No
Intention-to-treat	



10								
C	n	n	t.	ır	11	Р	a	

An intention-to-treat analysis is one in which all participants in a trial are analysed according to the intervention to which they were allocated, whether they received it or not.

All participants entering trial
15% or fewer excluded
More than 15% excluded
Not analysed as 'intention-to-treat'
Unclear

## Were withdrawals described? Yes? No? Not clear?

Incomplete outcome data addressed?	
Completeness of outcome data, including attritions and exclusions	Grade (circle)
	Adequate (yes)
	Inadequate (no)
	Unclear
Free of selective reporting?	
The possibility of selective outcome reporting	Grade (circle)
	Adequate (yes)
	Inadequate (no)
	Unclear

Free of other bias?	
(bias not addressed in the other domains)	
State here method used to conceal allocation and reasons for grading	Grade (circle)
	Adequate (yes)
	Inadequate (no)
	Unclear



#### **Data extraction**

A		
Outcomes r	relevant to v	your review

Copy and paste from 'Types of outcome measures'

	Reported in paper (circle)
Overall mortality	Yes/No
Overall 28 days' mortality (30 days M. included)	Yes/No
Incidence of allogenic transfusion (e.g. avoidance of transfusion)	Yes/No
Bleeding events	Yes/No
Quantity of blood products transfused	Yes/No
Incidence of surgical interventions	Yes/No
Incidence of re-operation due to bleeding	Yes/No
Quality of life assessment, as defined by authors in included studies.	Yes/No
Complications during the inpatient stay not specific to the trial intervention (e.g. pneumonia, congestive cardiac failure, respiratory failure, renal failure).	Yes/No
Duration of mechanical ventilation	Yes/No
Days free from ventilator (as defined by authors)	Yes/No
Number of days in hospital	Yes/No
Mean length of stay in intensive care unit (ICU)	Yes/No
	Yes/No



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For continuous data								
Code of paper		Unit of mea- surement	Intervention group		Control group		Details if out- come only de- scribed in text	
	Outcomes (rename)	ou. c.mem	n	Mean (SD)	n	Mean (SD)		
<b>A</b> etc	Bleeding events and amount of blood transfused							
	Quality of life assessment							
	Duration of mechanical ventilation and/or improvement in respiratory failure (ventilator-free days)							
	Days free from ventilator (as defined by authors)							
	Number of days in hospital							
	Mean length of stay in intensive care unit (ICU)							



For dichotomous	data		
Code of paper	Outcomes (rename)	Intervention group (n)	Control group (n)
		n = number of par-	n = number of par- ticipants, not num
		ticipants, not num- ber of events	ber of events
A	Overall mortality		
	Overall mortality (28 days)		
	Incidence of re-operation due to bleeding		
	Incidence of surgical interventions		
	Complications probably related to the intervention (e.g. thrombotic episodes (pulmonary embolism, myocardial infarction, DIC), major immunological and allergic reactions, infections and sepsis)		
	Complications during the inpatient stay not specific to the trial intervention (e.g. pneumonia, congestive cardiac failure, respiratory failure, renal failure)		
	Incidence of allogenic blood transfusions (e.g. avoidance of transfusion)		

## Other information that you feel is relevant to the results

Indicate if any data were obtained from the primary author; if results were estimated from graphs, etc or calculated by you using a formula (this should be stated and the formula given). In general, if results not reported in paper(s) are obtained, this should be made clear here to be cited in review.

# Freehand space for writing actions such as contact with study authors and changes

References to other trials

Did this report include any references to published reports of potentially eligible trials not already identified for this review?

First author Journal/Conference Year of publication



(Continued)

Did this report include any references to unpublished data from potentially eligible trials not already identified for this review? If yes, give list contact name and details

## Appendix 1

Trial characteristics	
	Further details
Single centre/multi-centre	
Country/countries	
How was participant eligibility defined?	
How many people were randomly assigned?	
Number of participants in each intervention group	
Number of participants who received intended treatment	
Number of participants who were analysed	
Drug treatment(s) used	
Dose/frequency of administration	
Co-interventions	
(including if fibrinogen concentrate was given as part of a predefined transfusion algorithm)	
Duration of treatment (state weeks/months, etc, if cross-over trial give length of time in each arm)	
Median (range) length of follow-up reported in this paper (state weeks, months or years or if not stated)	
Time points when measurements were <u>taken</u> during the study	
Time points <u>reported</u> in the study	
Time points <u>you</u> are using in RevMan	
Trial design (e.g. parallel/cross-over*)	
Other	

# Appendix 3. Detailes of included studies

Study	Population	Intervention	Control	Outcome	Follow-up	Objective	Blood loss + amount colloid transfused in control group (mean if other- wise not stated)
Cui 2010	N = 40 (14/17; 9 excluded) Elective cardiac surgery, children	Single dose, 0.5 to 1 g fibrinogen con- centrate (manu- facturer not stat- ed) administration combined with tra- ditional transfusion therapy guided by thrombelastogra- phy  Dose approx = 39 to 80 mg/kg	Traditional transfusion therapy guid- ed by clinical experience	Closure time, transfusion at closure (FFP/PLT), transfusion requirements at ICU (FFP/PLT/RBC), chest tube drainage (1, 6, 24 hours) and total transfusion requirements	Until end of hospital- ization, but blood loss was only recorded the first 24 hours postsurgery	Treatment of hypofib- rinogenaemia in thrombe- lastogra- phy-guided algorithm	Blood loss: At 1 hour: 3.5 mL/kg/h At 6 hours: 1.5 mL/kg/h At 24 hours: 0.7 mL/kg/h Colloid transfused: 82.5 mL/kg
Lance 2011	N = 43 (21/22) Elective car- diac, major ab- dominal and spinal column surgery, adults	Hemostatic trans- fusion with 2 units of FFP combined with single-dose 2 g fibrinogen con- centrate (Haemo- complettan®) Dose approx = 25 mg/kg	Hemostatic transfusion with 4 units of FFP	Arrest of bleeding and fibrin clot formation (measured by whole-blood thromboelastometry and thrombin generation)	No follow-up after success- ful haemosta- sis (possi- ble adverse events were recorded postsurgery)	Replacement of FFP	Blood loss: not stated Colloid transfused: not stated
Fenger-Erik- sen 2009a	N = 21 (10/10; 1 excluded) Elective urolog- ical cancer op- eration, adults	Fibrinogen concentrate (Haemocomplettan®)  Dose 45 mg/kg	Placebo, isotonic saline 2.25 mL/kg	Primary: whole-blood maximum clot firmness as determined by thromboe-lastometry (ROTEM)  Secondary: other thromboelastometric variables; platelet function; thrombin generation; bleeding and perioperative and postoperative blood product requirements	48 hours post- surgery	Reversal of colloid dilu- tion	Blood loss:  2933 mL (at time of intervention)  Colloid transfused:

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!	(Continued)							2795 mL (at time of intervention)
	Karlsson 2009	N = 20 (10/10), elective cardiac surgery, adults	Preoperative infusion of 2 g fibrinogen concentrate (Haemocomplettan®)  Dose 18 to 34 mg/kg	No treatment	Primary: clinical adverse events and graft occlusion assessed by multi-slice computed tomography 3 to 4 days after surgery  Secondary: postoperative blood loss, blood transfusions, haemoglobin levels 24 hours after surgery and global haemostasis assessed with thromboelastometry 2 and 24 hours after surgery	3 to 4 days' follow-up on clinical ad- verse events (blood loss was recorded only 12 hours postsurgery)	Preemptive treatment	Blood loss:  830 mL (post-surgery)  Colloid trans-fused:  1000 mL
	Rahe-Meyer 2013	N = 61 (29/32), elective tho- racic or thora- coabdominal aortic replace- ment surgery, adults	Fibrinogen concentrate (Haemocomplettan P®) Individualized dose using maximum amplitude of ROTEM/FIBTEM measurements before the end of CPB. (Median dose 8 g.) Dose approx = 90 mg/kg	Placebo (saline 0.9%) same volume	Primary outcome: total allogenic transfusion requirements in the 24 hours post administration phase (Transfusion therapy guided according to algorithm)  Secondary outcomes: intensive care length of stay, number of allogenic units transfused, mortality and adverse events and re-operation due to persistent bleeding	24 hours post intervention	Treatment of hypofib- rinogenaemia in thrombe- lastogra- phy-guided algorithm	Blood loss:  postoperative blood loss 850 mL (655 to 1565 mL) (median, IQ) Intraoperative not recorded  Colloid trans- fused: only gelatins were used, but amount not recorded
	Galas 2012	N = 63 (30/33)  Children (< 15 years) receiving cardiac surgery with cardiopul- monary bypass and clinically important in- traoperative bleeding, and hypofibrino- genaemia	Fibrinogen concentrate  dose 60 mg/kg body weight (RiaS-TAP®)	Cryopre- cipitate (10 mL/kg body weight)	Primary outcome measures: number of participants not receiving any allogeneic blood products (intraoperative until hospital discharge). Transfusional requirements were based on clinical judgement  Secondary outcome measures: haemostatic tests, length of ICU stay, clinical complications (renal failure, respiratory failure, sepsis, myocardial ischaemias, stroke), transfusion requirements, mechanical ventilation-free days, length of hospital stay,	At least 48 hours	Treatment of hypofibrino-genaemia and replacement of cryoprecipitate	Blood loss: not stated  Colloid transfused: not stated

(Continued)



# Appendix 4. Details of ongoing studies

Study	Planned size	Population	Intervention	Control	Outcome	Funding	Objective	
Fries 2011	60	Trauma patients with hemorrhagic shock	50 mg/kg fibrinogen concentrate (Clottafact/LFB)	Placebo (buffer sub- stance)	ROTEM/FIBTEM change at 60 min- utes post infusion	LFB provides medicine	Preemptive treat- ment	
Haas 2012	60	Elective paediatric patients: scoliosis or craniofacial surgery with hypofibrino- genaemia	30 mg/kg fibrinogen concentrate (Haemocomplettan/CSL Behring) and hourly repeated administration guided by ROTEM FIBTEM MCF < 13 mm	30 mg/kg fibrinogen concentrate (Haemocom- plettan/CSL Behring) and hourly repeat- ed adminis- tration guid- ed by ROTEM FIBTEM MCF < 8 mm	transfused red cells oncentrate Haemocom- plettan/CSL Behring) and ourly repeated adminis- ration guid- id by ROTEM FIBTEM MCF <		Treatment of hypofibrinogenaemia in a thrombelastography-guided algorithm	
Innerhofer 2012	200	Severe trauma patients with clinical bleeding or at risk of bleeding and coagulopathy (measured by ROTEM)	Fibrinogen concentrate (if FIBTEM MA < 7 mm) and/or pro- thrombin complex concentrate and/or factor XIII concentrate  2 g fibrinogen concentrate (Ri- aSTAP/ CSL Behring)	FIBTEM MA < 7 mm) and/or pro- thrombin complex concentrate and/or factor XIII concentrate y	15 mL/kg fresh frozen plasma (if FIBTEM MA < 7 mm or EXTEM CT > 90 s)	rozen ure within 24 hours a (if on intensive care 4 MA < 7 unit EXTEM 0 s)  0 2 years' follow-up	Independent	Treatment of hypofibrino-genaemia/ coag-ulopathy and replacement of FFP  Preemptive treatment
Jeppsson 2010	60	Elective coronary artery bypass with pre- operative fibrinogen level below 3.8 g/L			Placebo (saline)			
Nierich 2011	120	Complex elective car- diac surgery and mi- crovascular bleeding	Fibrinogen concentrate (Haemocomplettan/CSL Behring) guided by plasma con- centration (Clauss method)	Placebo (hu- man albumin)	Perioperative blood loss 12 hours post intervention	Receives study medica- tion from CSL Behring	Treatment of hypofibrino- genaemia	
Nimmo 2009	20	Elective thoracoab- dominal aneurysm re- pair	2 g fibrinogen concentrate (Haemocomplettan/CSL Behring) per hour guided by clinical picture and point-of- care testing	Fresh frozen plasma (dose not stated)	Intraoperative co- agulation pattern	Study collab- orates with CSL Behring	Treatment of hypofibrino- genaemia in a guided algorithm	

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Rahe-Meyer 2011c	200	Open elective cardiac surgery and 5 min bleeding mass of 60 to 250 g	Fibrinogen concentrate (Haemocomplettan/CSL Behring) guided by body weight and ROTEM measures	Placebo (saline)	Number of allogenic blood products at 24 hours post intervention	Industry initi- ated, collabo- rates with CSL Behring	Treatment of hypofibrino-genaemia in thrombelastography-guided algorithm
Ranucci 2011	120	Complex elective cardiac surgery with CPB > 90 minutes	Fibrinogen concentrate (Haemocomplettan/CSL Behring) and prothrombin complex concentrate guided by ROTEM measures	Placebo (saline)	Avoidance of allogenic blood products at 30 days' post surgery	Study collab- orates with CSL Behring	Treatment of hypofibrino-genaemia/co-agulopathy in thrombelastography-guided algorithm
Sabate 2012	132	Liver transplantation with pretransplant plasma fibrinogen lev- el < 2.9 g/L	Fibrinogen concentrate (RiaS- TAP/CSL Behring) until expect- ed level of 2.9 g/L is reached	Placebo (saline)	Incidence of RBC transfusion during operation	Independent	Preemptive treat- ment
Tanaka 2011	60	Elective cardiac surgery with CPB and microvascular bleed- ing	4 g fibrinogen concentrate (Ri- aSTAP/CSL Behring)	A single apheresis platelet unit	Coagulation distur- bances intraopera- tively and up to 24 hours postopera- tively	Study collab- orates with CSL Behring	Treatment of hypofibrino-genaemia/ coagulopathy
Wikkelsoe 2011	245	Severe postpartum haemorrhage (post vaginal delivery and during caesarean sec- tion)	2 g fibrinogen concentrate (Ri- aSTAP/CSL Behring)	Placebo (saline)	Incidence of allogenic transfusions within 6 weeks postpartum	Independent	Preemptive treat- ment
Kwapisz 2012	40	Adult elective complex cardiac surgical proce- dures	Fibrinogen concentrate (Haemocomplettan/CSL Behring) guided by body weight	Placebo (saline)	Number of allogenic blood products at 48 hours post intervention	Study collab- orates with CSL Behring	Treatment of hypofibrino-genaemia in a thrombelastography-guided algorithm

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# Appendix 5. Mortality: Fibrinogen versus any comparator, single-study analysis

Analysis	Study	Participants	Statistical method	Effect estimate
Mortality, 28 days	Rahe-Meyer 2013	61	Risk Ratio (M-H, Fixed, 95% CI)	0.28 [0.03 to 2.33]

# Appendix 6. Adverse events: Fibrinogen versus any comparator, single study analysis

Analysis	Study	Participants	Statistical method	Effect estimate
Infections (wound)	Lance 2011	43	Risk Ratio (M-H, Fixed, 95% CI)	0.32 [0.04 to 2.82]
Sepsis	Lance 2011	43	Risk Ratio (M-H, Fixed, 95% CI)	4.78 [0.24 to 94.12]

# Appendix 7. Blood transfusion: Fibrinogen versus any comparator, single-study analysis

Analysis	Study	Participants	Statistical method	Effect estimate
Incidence of transfusion with PLT in ICU	Cui 2010	31	Risk Ratio (M-H, Fixed, 95% CI)	1.10 [0.67 to 1.80]
Incidence of RBC transfusion in ICU	Cui 2010	31	Risk Ratio (M-H, Fixed, 95% CI)	1.28 [0.82 to 2.01]
ICU transfusion FFP (ml/kg)	Cui 2010	31	Mean Difference (IV, Fixed, 95% CI)	-11.90 [-19.43 to -4.37]
ICU transfusion PLT (units)	Cui 2010	31	Mean Difference (IV, Fixed, 95% CI)	Not estimable
Total FFP usage (mL/kg)	Cui 2010	31	Mean Difference (IV, Fixed, 95% CI)	25.90 [8.56 to 43.24]
RBC transfusion during operation (units)	Fenger-Eriksen 2009a	20	Mean Difference (IV, Fixed, 95% CI)	-0.50 [-4.08 to 3.08]



(Continued)

Total number of allogenic trans- fusions	Rahe-Meyer 2013	61	Mean Difference (IV, Fixed, 95% CI)	-11.00 [-14.55 to -7.45]
Incidence of FFP transfusion, longest follow-up	Rahe-Meyer 2013	61	Risk Ratio (M-H, Fixed, 95% CI)	0.36 [0.22 to 0.58]
Incidence of cell saver blood use	Lance 2011	43	Risk Ratio (M-H, Fixed, 95% CI)	1.31 [0.66 to 2.61]
Transfused cell saver blood (mL)	Lance 2011	43	Mean Difference (IV, Fixed, 95% CI)	-286.29 [-1326.93 to754.35]

# Appendix 8. Bleeding: Fibrinogen versus any comparator, single-study analysis

Analysis	Study	Participants	Statistical method	Effect estimate
Bleeding arrest with sufficient haemostasis	Lance 2011	43	Risk Ratio (M-H, Fixed, 95% CI)	1.01 [0.73 to 1.41]
Blood loss/Drainage (1 hour) mL/kg/h	Cui 2010	31	Mean Difference (IV, Fixed, 95% CI)	-0.60 [-1.87 to 0.67]
Blood loss/Drainage (6 hour) mL/kg/h	Cui 2010	31	Mean Difference (IV, Fixed, 95% CI	-0.20 [-0.52 to 0.12]

# Appendix 9. Fibrinogen versus placebo or no treatment, single-study analysis

Analysis	Study	Participants	Statistical method	Effect estimate
Mortality longest follow-up	Karlsson 2009	20	Risk Ratio (M-H, Fixed, 95% CI)	Not estimable
ICU stay (hours)	Karlsson 2009	20	Mean Difference (IV, Fixed, 95% CI)	-11.20 [-22.84 to 0.44]
Duration of mechanical ventilation (hours)	Karlsson 2009	20	Mean Difference (IV, Fixed, 95% CI)	-1.40 [-3.03 to 0.23]



(Continued)				
Stay in hospital (days)	Karlsson 2009	20	Mean Difference (IV, Random, 95% CI)	1.00 [-0.24 to 2.24]
ICU transfusion RBC (units)	Fenger-Eriksen 2009a	20	Mean Difference (IV, Fixed, 95% CI)	-1.50 [-2.80 to -0.20]
Thrombotic episodes (arterial and venous graft occlusion, pulmonary embolus, deep venous thrombosis)	Karlsson 2009	20	Risk Ratio (M-H, Fixed, 95% CI)	5.00 [0.27 to 92.62]
Blood loss/drainage, longest fol- low-up	Karlsson 2009	20	Mean Difference (IV, Random, 95% CI)	-265.00 [-455.35 to -74.65]
RBC transfusion during operation (units)	Fenger-Eriksen 2009a	20	Mean Difference (IV, Fixed, 95% CI)	RBC transfusion dur- ing operation (units)

# Appendix 10. Fibrinogen versus FFP or cryo, single-study analysis

Analysis	Study	Participants	Statistical method	Effect estimate
ICU stay (hours)	Cui 2010	31	Mean Difference (IV, Fixed, 95% CI)	-36.10 [-169.22 to 97.02]
Duration of mechanical ventilation (hours)	Cui 2010	31	Mean Difference (IV, Fixed, 95% CI)	-66.50 [-124.25 to -8.75]
Stay in hospital (days)	Cui 2010	31	Mean Difference (IV, Random, 95% CI)	-11.00 [-19.04 to -2.96]
ICU transfusion RBCs (units)	Cui 2010	17	Mean Difference (IV, Fixed, 95% CI)	Not estimable
PLT Transfusion (mL) — longest follow-up	Cui 2010	31	Mean Difference (IV, Fixed, 95% CI)	Not estimable
Incidence of RBC transfusion — longest follow-up	Cui 2010	31	Risk Ratio (M-H, Random, 95% CI)	1.28 [0.82 to 2.01]
Thrombotic episodes (arterial and venous graft occlusion, pulmonary embolus, deep venous thrombosis)	Lance 2011	43	Risk Ratio (M-H, Fixed, 95% CI)	0.32 [0.01 to 7.42]
Complications not specific to trial intervention (pleural effusion, abdominal ischaemia and other serious adverse events)	Lance 2011	43	Risk Ratio (M-H, Fixed, 95% CI)	1.91 [0.19 to 19.52]
Blood loss/drainage, longest fol- low-up	Cui 2010	31	Mean Difference (IV, Random, 95% CI)	59.28 [8.09 to 110.4



(Continued)				
Blood loss/Drainage (24 hours) mL/kg/h	Cui 2010	31	Mean Difference (IV, Random, 95% CI)	-0.10 [-0.28 to 0.08]
Re-operation due to persistent bleeding	Galas 2012	63	Risk Ratio (M-H, Random, 95% CI)	0.08 [0.00 to 1.44]
Infections (wound)	Lance 2011	43	Risk Ratio (M-H, Fixed, 95% CI)	0.32 [0.04 to 2.82]
Sepsis	Lance 2011	43	Risk Ratio (M-H, Fixed, 95% CI)	4.78 [0.24 to 94.12]
Incidence of transfusion with PLT in ICU	Cui 2010	31	Risk Ratio (M-H, Fixed, 95% CI)	1.10 [0.67 to 1.80]
Incidence of RBC transfusion in ICU	Cui 2010	31	Risk Ratio (M-H, Fixed, 95% CI)	1.28 [0.82 to 2.01]
ICU transfusion FFP (mL/kg)	Cui 2010	31	Mean Difference (IV, Fixed, 95% CI)	-11.90 [-19.43 to -4.37]
ICU transfusion PLT (units)	Cui 2010	31	Mean Difference (IV, Fixed, 95% CI)	Not estimable
Total FFP usage (mL/kg)	Cui 2010	31	Mean Difference (IV, Fixed, 95% CI)	25.90 [8.56 to 43.24]
Incidence of cell saver blood use	Lance 2011	43	Risk Ratio (M-H, Fixed, 95% CI)	Incidence of cell saver blood use
Transfused cell saver blood (mL)	Lance 2011	43	Mean Difference (IV, Fixed, 95% CI)	Transfused cell saver blood (mL)
Bleeding arrest with sufficient haemostasis	Lance 2011	43	Risk Ratio (M-H, Fixed, 95% CI)	Bleeding arrest with sufficient haemostasis
Blood loss/Drainage (1 hour) mL/kg/ h	Cui 2010	31	Mean Difference (IV, Fixed, 95% CI)	Blood loss/Drainage (1 hour) mL/kg/h
Blood loss/Drainage (6 hour) mL/kg/	Cui 2010	31	Mean Difference (IV, Fixed, 95% CI)	Blood loss/Drainage (6 hour) mL/kg/h



# Appendix 11. Fibrinogen in algorithm versus placebo or no treatment

Analysis	Study	Participants	Statistical method	Effect estimate
Mortality longest follow-up	Rahe-Meyer 2013	61	Risk Ratio (M-H, Fixed, 95% CI)	0.28 [0.03 to 2.33]
ICU stay (hours)	Rahe-Meyer 2013	61	Mean Difference (IV, Fixed, 95% CI)	0.00 [-29.56 to 29.56]
Stay in hospital (days)	Rahe-Meyer 2013	56	Mean Difference (IV, Random, 95% CI)	-1.50 [-5.29 to 2.29]
Incidence of RBC transfusion longest follow-up	Rahe-Meyer 2013	61	Risk Ratio (M-H, Random, 95% CI)	0.51 [0.34 to 0.78]
Thrombotic episodes (arterial and venous graft occlusion, pulmonary embolus, deep venous thrombosis)	Rahe-Meyer 2013	61	Risk Ratio (M-H, Fixed, 95% CI)	0.55 [0.05 to 5.77]
Complications not specific to trial intervention (pleural effusion, abdominal ischaemia and other serious adverse events)	Rahe-Meyer 2013	61	Risk Ratio (M-H, Fixed, 95% CI)	1.10 [0.36 to 3.43]
Blood loss/Drainage (24 hours) mL/kg/ h	Rahe-Meyer 2013	61	Mean Difference (IV, Random, 95% CI)	-200.00 [-522.47 to 122.47]
Re-operation due to persistent bleeding	Rahe-Meyer 2013	61	Risk Ratio (M-H, Random, 95% CI)	4.41 [0.52 to 37.25]
Mortality, 28 days	Rahe-Meyer 2013	61	Risk Ratio (M-H, Fixed, 95% CI)	0.28 [0.03 to 2.33]
Total number of allogenic transfusions	Rahe-Meyer 2013	61	Mean Difference (IV, Fixed, 95% CI)	-11.00 [-14.55 to -7.45]
Incidence of FFP transfusion, longest follow-up	Rahe-Meyer 2013	61	Risk Ratio (M-H, Fixed, 95% CI)	0.36 [0.22 to 0.58]

## WHAT'S NEW

Date	Event	Description
17 December 2018	Amended	Editorial team changed to Cochrane Emergency and Critical Care



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Serving as guarantor for the review (one author): AW

Taking responsibility for reading and checking the review before submission: AW

## **DECLARATIONS OF INTEREST**

The authors of this protocol are involved in the preparation of a potentially eligible study: Fibrinogen concentrate for postpartum haemorrhage (Wikkelsoe 2011). This study is unrelated and is not sponsored by any groups or companies with economic interests.

No other conflicts of interests.

# SOURCES OF SUPPORT

### **Internal sources**

- Cochrane Anaesthesia Review Group (CARG), Denmark.
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Salary for primary author.



#### **External sources**

· No sources of support supplied

#### DIFFERENCES BETWEEN PROTOCOL AND REVIEW

We have made the following changes to the published protocol (Wikkelsø 2010).

## **Change of title**

Only one study (Lance 2011) involved participants with massive or severe bleeding. To evaluate the benefits and harms of fibrinogen concentrate in bleeding patients in general, we changed the title and population, thus skipping the restriction of a population defined by "severely bleeding" by the authors' definition. The background section was modified accordingly.

The title previously stated "..for acquired hypofibrinogenaemia", but to be able to include bleeding patients *in risk of* acquired hypofibrinogenaemia and not only those diagnosed with it, we removed this from the title.

#### Addition of comparator

We have added an overall comparison, "fibrinogen concentrate versus any comparator".

## INDEX TERMS

## **Medical Subject Headings (MeSH)**

Blood Transfusion [statistics & numerical data]; Cardiac Surgical Procedures; Elective Surgical Procedures; Fibrinogen [\*therapeutic use]; Hemorrhage [mortality] [\*therapy]; Randomized Controlled Trials as Topic

#### MeSH check words

Adult; Child; Humans